



Sunday July 12, 2020
The Sixth Sunday after Pentecost

Morning Prayer: Rite Two
St. John's Episcopal Church, Bangor, Maine

Prelude

Aria, by composer Paul Manz

Welcome and Announcements

Opening sentences

Grace to you and peace from God our Father and the Lord Jesus Christ.

Philippians 1:2

Confession Of Sin

The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Silence may be kept.

Officiant and People together, all kneeling

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest alone stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Invitatory and Psalter

All stand

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Then follows the Venite, said in unison.

The Antiphon may first be sung or said with it.

The mercy of the Lord is everlasting: Come let us adore him.

Venite Psalm 95:1-7

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

Psalm 119:105-112 *Lucerna pedibus meis*

The Psalm is read responsively by whole verse

105 Your word is a lantern to my feet *
and a light upon my path.
106 **I have sworn and am determined ***
to keep your righteous judgments.
107 I am deeply troubled; *
preserve my life, O Lord, according to your word.
108 **Accept, O Lord, the willing tribute of my lips, ***
and teach me your judgments.
109 My life is always in my hand, *
yet I do not forget your law.
110 **The wicked have set a trap for me, ***
but I have not strayed from your commandments.
111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.
112 **I have applied my heart to fulfill your statutes ***
for ever and to the end.

At the end of the Psalms is said in unison

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Lessons

The First Lesson (Genesis 25:19-34)

A Reading from the book of Genesis:

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

The Word of the Lord. **Thanks be to God.**

The First Canticle

Canticle 13: A Song of Praise *Benedictus es, Domine*

Said in Unison

**Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.**

Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

The Second Lesson (Romans 8:1-11)

A Reading from Paul's Letter to the Romans:

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord. **Thanks be to God.**

The Hymn Canticle

Hymn 377, v. 1&5, All people that on Earth do dwell

Unison or harmony

1 All peo - ple that on earth do dwell, sing to the Lord with
 2 Know that the Lord is God in - deed; with - out our aid he
 3 O en - ter then his gates with praise, ap - proach with joy his
 4 For why? the Lord our God is good, his mer - cy is for
 *5 To Fa - ther, Son, and Ho - ly Ghost, the God whom heaven and

1 cheer - ful voice: him serve with mirth, his praise forth
 2 did us make: we are his folk, he doth us
 3 courts un - to; praise, laud, and bless his Name al -
 4 ev - er sure; his truth at all times firm - ly
 5 earth a - dore, from men and from the an - gel

1 tell, come ye be - fore him and re - - jice.
 2 feed, and for his sheep he doth us take.
 3 ways, for it is seem - ly so to do.
 4 stood, and shall from age to age en - - dure.
 5 host be praise and glo - ry ev - er - - more.

The Third Lesson (Matthew 13:1-9, 18-23)

A Reading from the Gospel according to Matthew:

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!" "Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Word of the Lord. **Thanks be to God.**

The Apostles' Creed

Officiant and People together, all standing

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.
 He ascended into heaven,
 and is seated at the right hand of the Father.
 He will come again to judge the living and the dead.
 I believe in the Holy Spirit,
 the holy catholic Church,
 the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and the life everlasting. Amen.

The Prayers

The people stand or kneel

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Officiant and People

**Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those
 who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.**

Then follows this set of Suffrages

V. Save your people, Lord, and bless your inheritance;

R. **Govern and uphold them, now and always.**

V. Day by day we bless you;

R. We praise your Name for ever.

V. Lord, keep us from all sin today;

R. Have mercy on us, Lord, have mercy.

V. Lord, show us your love and mercy;

R. For we put our trust in you.

V. In you, Lord, is our hope;

R. And we shall never hope in vain.

The Collects

The Collect for the Day

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for an End to Racial Injustice

O God of freedom, we pray for our nation, and all the nations of the world: For peace and unity across barriers of language, color, and creed; for elected and appointed leaders, that they would serve the common good. Inspire all people with courage to speak out against hatred, to actively resist evil. Unite the human family in bonds of love. through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

Office Hymn

Hymn 420, v. 1 & 5, When in our music God is glorified



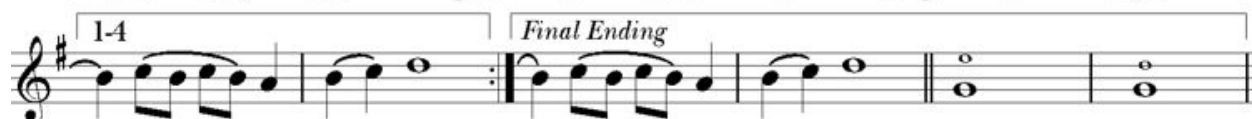
1 When in our mu - sic God is glo - ri - fied, _____
 2 How of - ten, mak - ing mu - sic, we have found _____
 3 So has the Church, in lit - ur - gy and song, _____
 4 And did not Je - sus sing a psalm that night _____
 5 Let ev - ery in - stru - ment be tuned for praise! _____



1 and a - dor - a - tion leaves no room for pride, _____
 2 a new di - men - sion in the world of sound, _____
 3 in faith and love, through cen - tu - ries of wrong, _____
 4 when ut - most e - vil strove a - gainst the Light? _____
 5 Let all re - joice who have a voice to raise! _____



1 it is as though the whole cre - a - tion cried _____
 2 as wor - ship moved us to a more pro - found _____
 3 borne wit - ness to the truth in ev - ery tongue, _____
 4 Then let us sing, for whom he won the fight, _____
 5 And may God give us faith to sing al - ways _____



— Al - le - lu - ia! — Al - le - lu - ia! A - men.

Intercessions and Thanksgivings

The General Thanksgiving, said in unison

Officiant and People

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up ourselves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.**

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*

Anthem at the Collection

Chant de Paix (Song of Peace) by Jean Langlais

You may give online at <https://stjohnsbangor.org/online-giving/> or by texting "StJohnsBangor Donation \$50" to 73256 to donate using your text messaging. (Any amount donation can be made, \$50 is just the example.) Standard text message rates do apply. Thank you for your continued support.

Scripture reflection –The Hon. Bruce Mallonee

Bruce Corey Mallonee is Chair of the Committee on Music and the Arts at St. John's, a longtime choir member, and a former Senior Warden. He has also hauled rummage and helped clean out the boiler room. He aspires to serve where he can and be a useful churchman.

Bruce is part of a cohort that is participating in a workshop created by The Rev. Rebecca Liberty to develop our lay preacher program. Rev. Liberty is a Lutheran pastor ordained in the ELCA (Evangelical Lutheran Church in America) in 2002. Born in the Midwest and raised in Silicon Valley, she earned her Master of Divinity at Pacific Lutheran Theological Seminary and her Master of Business Administration at Marylhurst University. She previously served Lutheran congregations in Hong Kong, northern California, and Nevada, and until 2018, served as lead pastor of Redeemer Lutheran Church in Bangor. Today she focuses on supporting individuals and organizations in discerning clues to their callings, a ministry she began 15 years ago as Campus Minister for Vocation Discernment at Santa Clara University (a Jesuit Catholic university in Silicon Valley). Now as a discernment coach, consultant, and group facilitator, she accompanies people through transitions, big questions, and practices like the ones in her book, *The Treasure Hunt of Your Life: Seeking Your Calling, Encountering God, Finding Yourself*. She is so glad that in 2012 her own treasure hunt led her to Maine, where she lives in Bangor with her husband and two young children.

Final Prayer and Blessing

Let us Pray *in unison*

God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, hear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.

The Lord bless us and keep us. **Amen.**

The Lord make his face to shine upon us, and be gracious to us. **Amen.**

The Lord lift up his countenance upon us, and give us peace. **Amen.**

The Blessing of God Almighty, Father, Son, and Holy Spirit, be upon us and remain with us for ever. **Amen.**

Dismissal

Deacon: Let us Bless the Lord.

People: **Thanks be to God.**

Postlude

The New Commonwealth, composed by R. Vaughan Williams

Parish Prayer list

For the Sick, Injured, or Distressed – Miranda S., Mark W., Ann M., Katie, Bobby, Our choristers, Webb P. and his family and friends, Ann P., Ellen D., Denise A., Veronica, Amy, Jason A., Megan A., The Winne Family, Ralph R., Deej P., and The Haluska family. *Continued prayers for – Deborah J., The Bemis Family, Finn, Julie, Patricia, Steadman Family, Sarah, and Patty D., Dick D., and Beth P..*

For our Homebound Members – *Evelyn L., Joline F., Kathleen D., Mary, Charles, Robert B., Christa F., Lois N., Lilly P., Earlene B., Nancy W., Cathy K., Betty C. and Eileen H.*

For Everyone affected by the COVID19 virus - all who are sick or dying, all who mourn, all who are isolated, anxious, or scared; for those without shelter or food and for all those sacrificing and volunteering to provide safe beds and nutritious meals; for all who are working in essential services, especially our doctors and nurses and all in our health care facilities, for all working in our grocery stores and supply chains and those who clean and sterilize everywhere; for all who willingly sacrifice their own needs and desires for sake of others' health and well being.

For the World, for Peace and Goodwill among Nations and for peoples in war-torn places, especially those in those in the Middle East, Afghanistan and Iraq. For an end to war and all forms of violence. For all who suffer for conscience's sake. For our enemies and those who wish us harm. For all suffering effects of climate change and of natural disasters, especially those in Africa during locust plague and famine. For those suffering from food scarcity anywhere. For refugees, immigrants, and those who are displaced, especially for children.

For our Nation: for all who suffer from injustice; for eyes to see injustice and for the will to work for fairness for all of God's people; for all who protest and for those who are charged to maintain our safety; and for all who struggle to change our world and its systems of oppression.

For the Leaders of our Country, State and Community: Donald Trump, President; Members of Congress, especially, Susan Collins, Angus King, Chellie Pingree, Jared Golden of Maine; Janet Mills, Governor; and Clare Davitt, Mayor - that they govern with wisdom, civility, and compassion.

For our Military Personnel, especially those of this Parish: Dillan L., Joshua M., Aaron B., Timothy W.

For the Departed - Kate Winne. All who have died from the Corona Virus around the world; All who have died from racial injustice and violence around the world.

With Thanksgiving for the lives of those celebrating birthdays this week - Kevin F., Dianne H., David S., Patricia S., and Hilarie W.

If you would like to add or reinstate a name or concern for our parish prayer list, please contact one of the clergy. Please use this list for your own personal prayers too.