



Sunday August 2, 2020
The Ninth Sunday after Pentecost

Morning Prayer: Rite Two
St. John's Episcopal Church, Bangor, Maine

Prelude

About Strange Lands and People & Pleading Child, Robert Schumann

Welcome and Announcements

Opening sentences

Grace to you and peace from God our Father and the Lord Jesus Christ.

Philippians 1:2

Confession Of Sin

The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Silence may be kept.

Officiant and People together, all kneeling

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Officiant says

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

The Invitatory and Psalter

All stand

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Then follows the Venite, said in unison.

The Antiphon may first be sung or said with it.

The earth is the Lord's for he made it: Come let us adore him.

Venite Psalm 95:1-7

Come, let us sing to the Lord; *
 let us shout for joy to the Rock of our salvation.
 Let us come before his presence with thanksgiving *
 and raise a loud shout to him with psalms.

For the Lord is a great God, *
 and a great King above all gods.
 In his hand are the caverns of the earth, *
 and the heights of the hills are his also.
 The sea is his, for he made it, *
 and his hands have molded the dry land.
 Come, let us bow down, and bend the knee, *
 and kneel before the Lord our Maker.
 For he is our God,
 and we are the people of his pasture and the sheep of his hand. *
 Oh, that today you would hearken to his voice!

Psalm 17:1-7,16 *Exaudi, Domine*

The Psalm is read responsively by whole verse

1 Hear my plea of innocence, O Lord;
 give heed to my cry; *
 listen to my prayer, which does not come from lying lips.
 2 **Let my vindication come forth from your presence; ***
let your eyes be fixed on justice.
 3 Weigh my heart, summon me by night, *
 melt me down; you will find no impurity in me.
 4 **I give no offense with my mouth as others do; ***
I have heeded the words of your lips.
 5 My footsteps hold fast to the ways of your law; *
 in your paths my feet shall not stumble.
 6 **I call upon you, O God, for you will answer me; ***
incline your ear to me and hear my words.

7 Show me your marvelous loving-kindness, *
 O Savior of those who take refuge at your right hand
 from those who rise up against them.
 16 **But at my vindication I shall see your face; *
 when I awake, I shall be satisfied, beholding your likeness.**

At the end of the Psalms is said in unison

**Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.**

The Lessons

The First Lesson (Genesis 32:22-31)

A Reading from the book of Genesis:

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

The Word of the Lord. **Thanks be to God.**

The First Canticle

Canticle 10: The Second Song of Isaiah - *Quaerite Dominum*

Said in Unison

Seek the Lord while he wills to be found; *
 call upon him when he draws near.
 Let the wicked forsake their ways *
 and the evil ones their thoughts;
 And let them turn to the Lord, and he will have compassion, *
 and to our God, for he will richly pardon.
 For my thoughts are not your thoughts, *
 nor your ways my ways, says the Lord.
 For as the heavens are higher than the earth, *
 so are my ways higher than your ways,
 and my thoughts than your thoughts.
 For as rain and snow fall from the heavens *
 and return not again, but water the earth,
 Bringing forth life and giving growth, *
 seed for sowing and bread for eating,
 So is my word that goes forth from my mouth; *
 it will not return to me empty;
 But it will accomplish that which I have purposed, *
 and prosper in that for which I sent it.
 Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be forever. Amen.

The Second Lesson (Romans 9:1-5)

A Reading from Paul's Letter to the Romans:

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

The Word of the Lord. **Thanks be to God.**

The Hymn Canticle

Hymn 398, vs. 1, 3 I sing the almighty power of God

1 I sing the al-might - y power of God, that made the moun-tains rise,
 2 I sing the good-ness of the Lord, that filled the earth with food;
 3 There's not a plant or flower be - low, but makes thy glo - ries known;

that spread the flow - ing seas a - broad and built the lof - ty skies.
 he formed the crea-tures with his Word, and then pro-nounced them good.
 and clouds a - rise, and tem-pests blow, by or - der from thy throne;

I sing the wis - dom that or - dained the sun to rule the day;
 Lord, how thy won - ders are dis - played, wher - e'er I turn my eye,
 while all that bor - rows life from thee is ev - er in thy care,

the moon shines full at his com-mand, and all the stars o - bey.
 if I sur - vey the ground I tread, or gaze up - on the sky!
 and ev - ery-where that I could be, thou, God, art pres-ent there.

The Third Lesson (Matthew 14:13-21)

A Reading from the Gospel according to Matthew:

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The Word of the Lord. **Thanks be to God.**

The Apostles' Creed

Officiant and People together, all standing

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,**

the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and the life everlasting. Amen.

The Prayers

The people stand or kneel

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Officiant and People

**Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those
 who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.**

Then follows this set of Suffrages

V. Save your people, Lord, and bless your inheritance;

R. **Govern and uphold them, now and always.**

V. Day by day we bless you;

R. **We praise your Name for ever.**

V. Lord, keep us from all sin today;

R. **Have mercy on us, Lord, have mercy.**

V. Lord, show us your love and mercy;

R. **For we put our trust in you.**

V. In you, Lord, is our hope;

R. **And we shall never hope in vain.**

The Collects

The Collect for the Day

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for an End to Racial Injustice

O God of freedom, we pray for our nation, and all the nations of the world: For peace and unity across barriers of language, color, and creed; for elected and appointed leaders, that they would serve the common good. Inspire all people with courage to speak out against hatred, to actively resist evil. Unite the human family in bonds of love. through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Mission

God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, hear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. **Amen.**

Office Hymn
Hymn 488, vs. 1, 2 *Be thou my vision*

1 Be thou my vi - sion, O Lord of my heart;
 2 Be thou my wis - dom, and thou my true word;
 3 High King of hea - ven, when vic - tory is won,

all else be nought to me, save that thou art—
 I ev - er with thee and thou with me, Lord;
 may I reach hea - ven's joys, bright hea - ven's Sun!

thou my best thought, — by day or by night,
 thou my great Fa - ther; thine own may I be;
 Heart of my heart, — what - ev - er be - fall,

wak - ing or sleep - ing, thy pres - ence my light.
 thou in me dwell - ing, and I one with thee.
 still be my vis - ion, O Ru - ler of all.

Intercessions and Thanksgivings

The General Thanksgiving, said in unison

Officiant and People

Almighty God, Father of all mercies,

we your unworthy servants give you humble thanks

for all your goodness and loving-kindness

to us and to all whom you have made.

We bless you for our creation, preservation,

and all the blessings of this life;

but above all for your immeasurable love

in the redemption of the world by our Lord Jesus Christ;

for the means of grace, and for the hope of glory.

**And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up ourselves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.**

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*

Anthem at the Collection

Gymnopédie No.1, Erik Satie

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Scripture reflection –The Rev. Levering Sherman

Rev. Sherman was ordained to the priesthood in Western North Carolina in 1974. His first service in Maine was as vicar of St. Barnabas' in Augusta from November 1989 to August of 1997. He was rector of the Episcopal congregation in Millinocket, ME from April of 2012 until retirement in December 2015. He also served congregations in Winn, Skowhegan, and Palmyra. Lev also worked in counseling and public mental-health positions, and later in Public Television and educational media. He was Coordinator of Developmental Technologies and Educational Media at the Maine State Library in Augusta. He is married to Dr. Ann Holland of St John's Bangor, and they reside in Bangor.

Final Prayer and Blessing

Let us Pray *in unison*

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be

consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

The Lord bless us and keep us. **Amen.**

The Lord make his face to shine upon us, and be gracious to us. **Amen.**

The Lord lift up his countenance upon us, and give us peace. **Amen.**

The Blessing of God Almighty, Father, Son, and Holy Spirit, be upon us and remain with us for ever. **Amen.**

Dismissal

Deacon: Let us Bless the Lord.

People: **Thanks be to God.**

Postlude

Important Event & Reverie, Robert Schumann

Parish Prayer list

For the Sick, Injured, or Distressed – Earlene B., Miranda S., Ann M., Katie, Bobby, Our choristers, Webb P. and his family and friends, Ann P., Ellen D., Denise A., Veronica, Amy, Jason A., and Megan A. *Continued prayers for – The Winne Family, Ralph R., Dee J. P., The Haluska family, Deborah J., The Bemis Family, Finn, Julie, and Patricia.*

For our Homebound Members – *Evelyn L., Joline F., Kathleen D., Mary, Charles, Robert B., Christa F., Lois N., Lilly P., Earlene B., Nancy W., Cathy K., Betty C. and Eileen H.*

For Everyone affected by the COVID19 virus - all who are sick or dying, all who mourn, all who are isolated, anxious, or scared; for those without shelter or food and for all those sacrificing and volunteering to provide safe beds and nutritious meals; for all who are working in essential services, especially our doctors and nurses and all in our health care facilities, for all working in our grocery stores and supply chains and those who clean and sterilize everywhere; for all who willingly sacrifice their own needs and desires for sake of others' health and well being.

For the World, for Peace and Goodwill among Nations and for peoples in war-torn places, especially those in those in the Middle East, Afghanistan and Iraq. For an end to war and all forms of violence. For all who suffer for conscience's sake. For our enemies and those who wish us harm.

For all suffering effects of climate change and of natural disasters, especially those in Africa during locust plague and famine. For those suffering from food scarcity anywhere. For refugees, immigrants, and those who are displaced, especially for children.

For our Nation: for all who suffer from injustice; for eyes to see injustice and for the will to work for fairness for all of God's people; for all who protest and for those who are charged to maintain our safety; and for all who struggle to change our world and its systems of oppression.

For the Leaders of our Country, State and Community: Donald Trump, President; Members of Congress, especially, Susan Collins, Angus King, Chellie Pingree, Jared Golden of Maine; Janet Mills, Governor; and Clare Davitt, Mayor - that they govern with wisdom, civility, and compassion.

For our Military Personnel, especially those of this Parish: Dillan L., Joshua M., Aaron B., and Timothy W.

For the Departed - All who have died from the Corona Virus around the world; All who have died from racial injustice and violence around the world.

With Thanksgiving for the lives of those celebrating birthdays this week - John H., Cindy O., Clare P., and Candice S.

If you would like to add or reinstate a name or concern for our parish prayer list, please contact one of the clergy. Please use this list for your own personal prayers too.