



Sunday August 9, 2020
The Tenth Sunday after Pentecost

Morning Prayer: Rite Two
St. John's Episcopal Church, Bangor, Maine

Prelude

Sonata No. 5 in C major, BWV 529 - Largo J. S. Bach

Welcome and Announcements

Opening sentences

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite."

Isaiah 57:15

Confession Of Sin

The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Silence may be kept.

Officiant and People together, all kneeling

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest alone stands and says

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

The Invitatory and Psalter

All stand

Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Then follows the Venite, said in unison.

The Antiphon may first be sung or said with it.

The mercy of the Lord is everlasting: Come let us adore him.

Venite Psalm 95:1-7

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

For the Lord is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

Psalm 105, 1-6, 16-22, 45b *Confitemini Domino*

The Psalm is read responsively by whole verse

- 1 Give thanks to the Lord and call upon his Name; *
make known his deeds among the peoples.
- 2 **Sing to him, sing praises to him, ***
and speak of all his marvelous works.
- 3 Glory in his holy Name; *
let the hearts of those who seek the Lord rejoice.
- 4 **Search for the Lord and his strength; ***
continually seek his face.
- 5 Remember the marvels he has done, *
his wonders and the judgments of his mouth,
- 6 **O offspring of Abraham his servant, ***

O children of Jacob his chosen.

16 Then he called for a famine in the land *
and destroyed the supply of bread.

17 He sent a man before them, *

Joseph, who was sold as a slave.

18 They bruised his feet in fetters; *
his neck they put in an iron collar.

19 Until his prediction came to pass, *

the word of the Lord tested him.

20 The king sent and released him; *
the ruler of the peoples set him free.

**21 He set him as a master over his household,
as a ruler over all his possessions,**

22 To instruct his princes according to his will
and to teach his elders wisdom.

45 **Hallelujah!**

At the end of the Psalms is said in unison

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Lessons

The First Lesson (Genesis 37:1-4, 12-28)

A Reading from the book of Genesis:

Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of the family of Jacob. Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him. Now his brothers went to pasture their father's flock near Shechem. And Israel said to

Joseph, "Are not your brothers pasturing the flock at Shechem? Come, I will send you to them." He answered, "Here I am." So he said to him, "Go now, see if it is well with your brothers and with the flock; and bring word back to me." So he sent him from the valley of Hebron. He came to Shechem, and a man found him wandering in the fields; the man asked him, "What are you seeking?" "I am seeking my brothers," he said; "tell me, please, where they are pasturing the flock." The man said, "They have gone away, for I heard them say, 'Let us go to Dothan.'" So Joseph went after his brothers, and found them at Dothan. They saw him from a distance, and before he came near to them, they conspired to kill him. They said to one another, "Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams." But when Reuben heard it, he delivered him out of their hands, saying, "Let us not take his life." Reuben said to them, "Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him" —that he might rescue him out of their hand and restore him to his father. So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and threw him into a pit. The pit was empty; there was no water in it. Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, "What profit is it if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh." And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

The Word of the Lord. **Thanks be to God.**

The First Canticle

Canticle 9: The First Song of Isaiah, *Ecce, Deus*

Said in Unison

Surely, it is God who saves me; *

I will trust in him and not be afraid.

For the Lord is my stronghold and my sure defense, *

and he will be my Savior.

Therefore you shall draw water with rejoicing *

from the springs of salvation.

And on that day you shall say, *
Give thanks to the Lord and call upon his Name;
Make his deeds known among the peoples; *
see that they remember that his Name is exalted.
Sing the praises of the Lord, for he has done great things, *
and this is known in all the world.
Cry aloud, inhabitants of Zion, ring out your joy, *
for the great one in the midst of you is the Holy One of Israel.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be forever. Amen.

The Second Lesson (Romans 10:5-15)

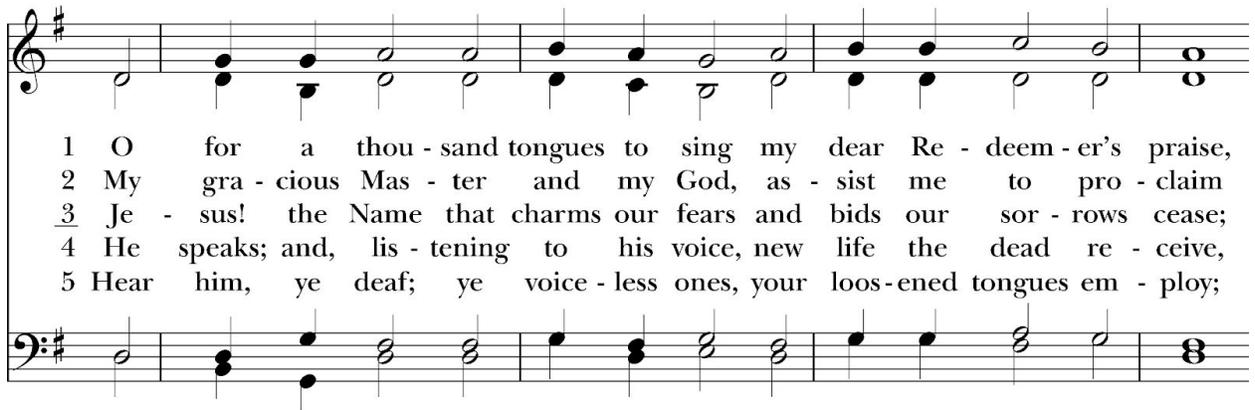
A Reading from Paul's letter to the Romans:

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’” (that is, to bring Christ down) “or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say? “The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.” But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

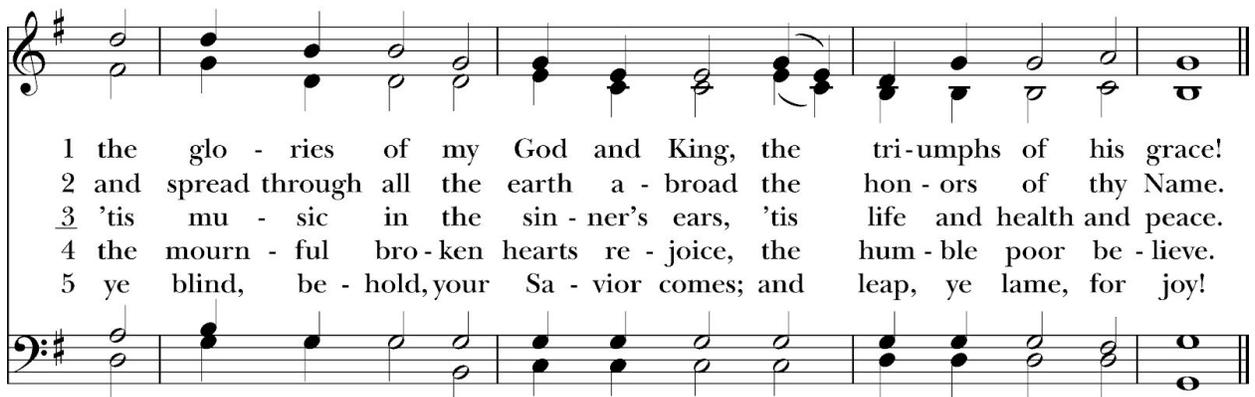
The Word of the Lord. **Thanks be to God.**

The Hymn Canticle

Hymn 493, vs. 1, 3, 6 O for a thousand tongues to sing



1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim
3 Je - sus! the Name that charms our fears and bids our sor - rows cease;
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,
5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;



1 the glo - ries of my God and King, the tri - umphs of his grace!
2 and spread through all the earth a - broad the hon - ors of thy Name.
3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.
4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love
be now and ever given
by saints below and saints above,
the Church in earth and heaven.

The Third Lesson (Matthew 14:22-33)

A Reading from the Gospel according to Matthew:

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

The Word of the Lord. **Thanks be to God.**

The Apostles' Creed

Officiant and People together, all standing

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,**

the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

The people stand or kneel

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Then follows this set of Suffrages

V. Save your people, Lord, and bless your inheritance;

R. **Govern and uphold them, now and always.**

V. Day by day we bless you;

R. **We praise your Name for ever.**

V. Lord, keep us from all sin today;

R. **Have mercy on us, Lord, have mercy.**

V. Lord, show us your love and mercy;

R. **For we put our trust in you.**

V. In you, Lord, is our hope;

R. **And we shall never hope in vain.**

The Collects

The Collect for the Day

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

A Collect for Mission

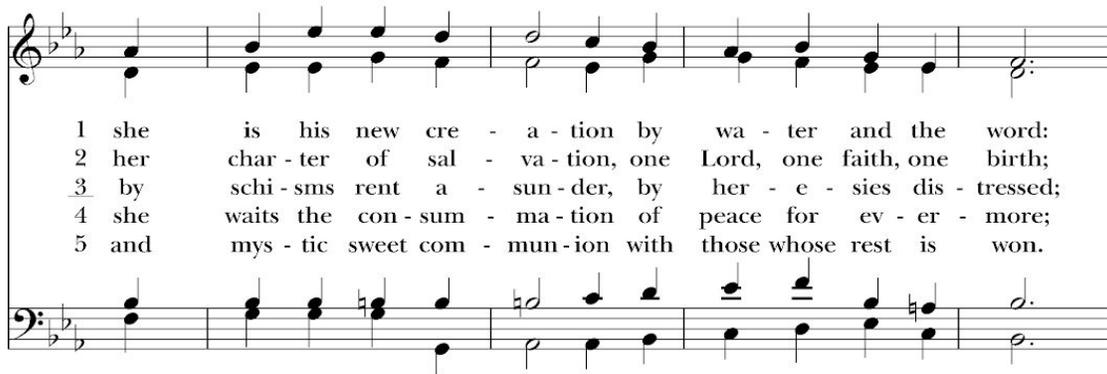
Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Office Hymn

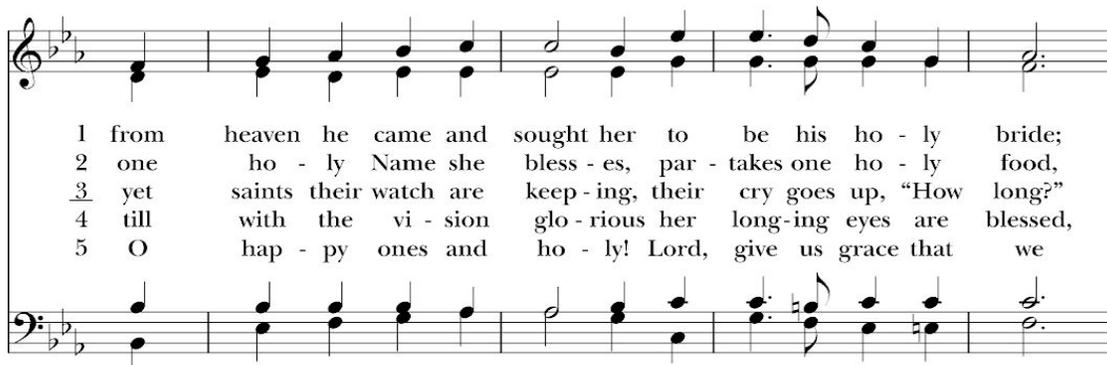
Hymn 525, vs. 1, 4 The church's one foundation



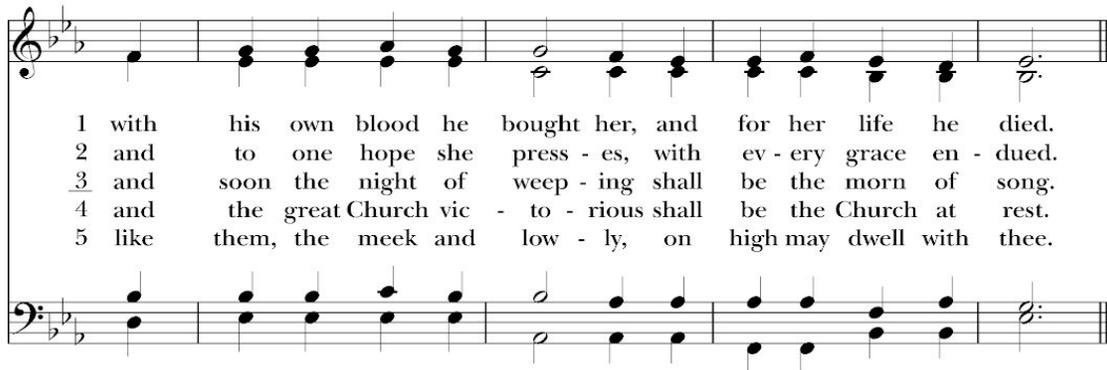
1 The Church's one foun - da - tion is Je - sus Christ her Lord;
2 E - lect from ev - ery na - tion, yet one o'er all the earth,
3 Though with a scorn - ful won - der men see her sore op - pressed,
4 Mid toil and tri - bu - la - tion, and tu - mult of her war
5 Yet she on earth hath un - ion with God, the Three in One,



1 she is his new cre - a - tion by wa - ter and the word:
2 her char - ter of sal - va - tion, one Lord, one faith, one birth;
3 by schi - sms rent a - sun - der, by her - e - sies dis - tressed;
4 she waits the con - sum - ma - tion of peace for ev - er - more;
5 and mys - tic sweet com - mun - ion with those whose rest is won.



1 from heaven he came and sought her to be his ho - ly bride;
2 one ho - ly Name she bless - es, par - takes one ho - ly food,
3 yet saints their watch are keep - ing, their cry goes up, "How long?"
4 till with the vi - sion glo - rious her long - ing eyes are blessed,
5 O hap - py ones and ho - ly! Lord, give us grace that we



1 with his own blood he bought her, and for her life he died.
2 and to one hope she press - es, with ev - ery grace en - dued.
3 and soon the night of weep - ing shall be the morn of song.
4 and the great Church vic - to - rious shall be the Church at rest.
5 like them, the meek and low - ly, on high may dwell with thee.

Intercessions and Thanksgivings

The General Thanksgiving, said in unison

Officiant and People

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up ourselves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.**

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*

Anthem at the Collection

Goldberg Variations - Aria J. S. Bach

You may give online at <https://stjohnsbangor.org/online-giving/> or by texting "StJohnsBangor Donation \$50" to 73256 to donate using your text messaging. (Any amount donation can be made, \$50 is just the example.) Standard text message rates do apply. Thank you for your continued support.

Scripture reflection – Scott Burgess

Scott Burgess has been affiliated with St. John's since the early 1990's. He has served on the vestry, taught Sr. Yes confirmation classes, and is a graduate of the Education for Ministry (EfM) program. He has also served as an usher, a Lay Eucharistic Minister, an acolyte, and as a lay worship leader. Most recently, Scott successfully completed training to become an EfM mentor.

Scott is part of a cohort that are participating in a workshop created by The Rev. Rebecca Liberty to develop our lay preacher program. Rev. Liberty is a Lutheran pastor ordained in the ELCA (Evangelical Lutheran Church in America) in 2002. Born in the Midwest and raised in Silicon Valley, she earned her Master of Divinity at Pacific Lutheran Theological Seminary and her Master of Business Administration at Marylhurst University. She previously served Lutheran congregations in Hong Kong, northern California, and Nevada, and until 2018, served as lead pastor of Redeemer Lutheran Church in Bangor. Today she focuses on supporting individuals and organizations in discerning clues to their callings, a ministry she began 15 years ago as Campus Minister for Vocation Discernment at Santa Clara University (a Jesuit Catholic university in Silicon Valley). Now as a discernment coach, consultant, and group facilitator, she accompanies people through transitions, big questions, and practices like the ones in her book, *The Treasure Hunt of Your Life: Seeking Your Calling, Encountering God, Finding Yourself*. She is so glad that in 2012 her own treasure hunt led her to Maine, where she lives in Bangor with her husband and two young children.

Final Prayer and Blessing

Let us Pray *in unison*

God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ's body in the world: a people who pray, worship, learn, break bread, share life, heal neighbors, hear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission, that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.

The Lord bless us and keep us. **Amen.**

The Lord make his face to shine upon us, and be gracious to us. **Amen.**

The Lord lift up his countenance upon us, and give us peace. **Amen.**

The Blessing of God Almighty, Father, Son, and Holy Spirit, be upon us and remain with us for ever. **Amen.**

Dismissal

Deacon: Let us Bless the Lord.

People: **Thanks be to God.**

Postlude

Prelude in B Minor, BWV 544 J. S. Bach

Parish Prayer list

For the Sick, Injured, or Distressed – Lydia M., Robert B., Phillip F., David, Earlene B., Miranda S., Ann M., Katie, Bobby, Our choristers, Webb P. and his family and friends, Ann P., Ellen D., Denise A., Veronica, and Amy. *Continued prayers for* – Jason A., Megan A., The Winne Family, Ralph R., DeeJ P., The Haluska family, Deborah J., The Bemis Family, and Finn.

For our Homebound Members – Evelyn L., Joline F., Kathleen D., Mary, Charles, Robert B., Christa F., Lois N., Lilly P., Earlene B., Nancy W., Cathy K., Betty C. and Eileen H.

For Everyone affected by the COVID19 virus - all who are sick or dying, all who mourn, all who are isolated, anxious, or scared; for those without shelter or food and for all those sacrificing and volunteering to provide safe beds and nutritious meals; for all who are working in essential services, especially our doctors and nurses and all in our health care facilities, for all working in our grocery stores and supply chains and those who clean and sterilize everywhere; for all who willingly sacrifice their own needs and desires for sake of others' health and well being.

For the World, for Peace and Goodwill among Nations and for peoples in war-torn places, especially those in those in the Middle East, Afghanistan and Iraq. For an end to war and all forms of violence. For all who suffer for conscience's sake. For our enemies and those who wish us harm. For all suffering effects of climate change and of natural disasters, especially those in Africa during locust plague and famine. For those suffering from food scarcity anywhere. For refugees, immigrants, and those who are displaced, especially for children.

For our Nation: for all who suffer from injustice; for eyes to see injustice and for the will to work for fairness for all of God's people; for all who protest and for those who are charged to maintain our safety; and for all who struggle to change our world and its systems of oppression.

For the Leaders of our Country, State and Community: Donald Trump, President; Members of Congress, especially, Susan Collins, Angus King, Chellie Pingree, Jared Golden of Maine; Janet Mills, Governor; and Clare Davitt, Mayor - that they govern with wisdom, civility, and compassion.

For our Military Personnel, especially those of this Parish: Sarah M., Dillan L., Joshua M., Aaron B., and Timothy W.

For the Departed - Joe and for all others who have died from the Corona Virus around the world; All who have died from racial injustice and violence around the world.

With Thanksgiving for the lives of those celebrating birthdays this week - Cheryl B., Logan B., and Ellie M.

If you would like to add or reinstate a name or concern for our parish prayer list, please contact one of the clergy. Please use this list for your own personal prayers too.