



Sunday October 4, 2020
The Eighteenth Sunday after Pentecost

**The 185th Anniversary of St. John's Episcopal
Church, Bangor**

The Holy Eucharist: Rite Two
St. John's Episcopal Church, Bangor, Maine

Prelude

Nun Komm der Heiden Heiland (BWV 659)- J.S. Bach

Welcome

The Word of God

Gathering Hymn

Christ is made the sure foundation Hymn 518 v.1&3

Christ is made the sure foundation,
Christ the head and cornerstone,

chosen of the Lord, and precious,
binding all the Church in one;

holy Zion's help for ever,
 and her confidence alone.
 To this temple, where we call thee,
 come, O Lord of Hosts, today;

with thy wonted loving-kindness
 hear thy servants as they pray,
 and thy fullest benediction
 shed within its walls alway.

Opening Acclamation

Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever.**
Amen.

Collect for Purity

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Song of Praise

Said together in unison

**Glory to God in the highest,
 and peace to his people on earth.**
**Lord God, heavenly King,
 almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.**
**Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world:
 have mercy on us;
 you are seated at the right hand of the Father:**

receive our prayer.
**For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Almighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lessons

First Reading: 2 Samuel 6:12-15, 17-19

A Reading from the Second book of Samuel.

¹²It was told King David, "The LORD has blessed the household of Obed-edom and all that belongs to him, because of the ark of God." So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; ¹³and when those who bore the ark of the LORD had gone six paces, he sacrificed an ox and a fatling. ¹⁴David danced before the LORD with all his might; David was girded with a linen ephod. ¹⁵So David and all the house of Israel brought up the ark of the LORD with shouting, and with the sound of the trumpet.

¹⁷They brought in the ark of the LORD, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the LORD. ¹⁸When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the LORD of hosts, ¹⁹and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 84

Said together in unison

- 1 How dear to me is your dwelling, O LORD of hosts!*
My soul has a desire and longing for the courts of the LORD;
my heart and my flesh rejoice in the living God.
- 2 The sparrow has found her a house
and the swallow a nest where she may lay her young;*
By the side of your altars, O LORD of hosts,
My King and my God.
- 3 Happy are they who dwell in your house!*
They will always be praising you.
- 4 Happy are the people whose strength is in you!*
Whose hearts are set on the pilgrims' way.
- 5 Those who go through the desolate valley will find it a place of springs,*
For the early rains have covered it with pools of water.
- 6 They will climb from height to height,*
And the God of gods will reveal himself in Zion.
- 7 LORD God of hosts, hear my prayer;*
Hearken, O God of Jacob.
- 8 Behold our defender, O God;*

And look upon the face of your Anointed.
 9 For one day in your courts is better than
 a thousand in my own room,*
 And to stand at the threshold of the house of my God
 than to dwell in the tents of the wicked.
 10. For the LORD God is both sun and shield;*
 He will give grace and glory;
 11 No good thing will the LORD withhold*
 From those who walk with integrity.
 12 O LORD of hosts,*
 Happy are they who put their trust in you!

Second Reading: 1 Peter 2:1-9

A Reading from the First letter of Peter.

¹Rid yourselves, therefore, of all malice, and all guile, insincerity, envy, and all slander.
²Like newborn infants, long for the pure, spiritual milk, so that by it you may grow into salvation — ³if indeed you have tasted that the Lord is good. ⁴Come to him, a living stone, though rejected by mortals yet chosen and precious in God's sight, and ⁵like living stones, let yourselves be built into a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ.
⁶For it stands in scripture: "See, I am laying in Zion a stone, a cornerstone chosen and precious; and whoever believes in him will not be put to shame." ⁷To you then who believe, he is precious; but for those who do not believe, "The stone that the builders rejected has become the very head of the corner," ⁸and "A stone that makes them stumble, and a rock that makes them fall." They stumble because they disobey the word, as they were destined to do. ⁹But you are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of

him who called you out of darkness into his marvelous light.

Reader The Word of the Lord.

People Thanks be to God.

Sequence Hymn

All my hope on God is founded H 665 v.1&5



1 All my hope on God is found - ed; he doth still my
 2 Mor - tal pride and earth - ly glo - ry, sword and crown be -
 3 God's great good - ness e'er en - dur - eth, deep his wis - dom
 * 4 Dai - ly doth the al - might - y Giv - er boun - teous gifts on
 5 Still from earth to God e - ter - nal sac - ri - fice of



1 trust re - new, me through change and chance he
 2 tray our trust; though with care and toil we
 3 pass - ing thought: splen - dor, light, and life at -
 4 us be - stow; his de - sire our soul de -
 5 praise be done, high a - bove all prais - es



1 guid - eth, on - ly good and on - ly true. God un -
 2 build them, tower and tem - ple fall to dust. But God's
 3 tend him, beau - ty spring - eth out of nought. Ev - er -
 4 light - eth, plea - sure leads us where we go. Love doth
 5 prais - ing for the gift of Christ, his Son. Christ doth



1 known, he a - lone calls my heart to be his own.
 2 power, hour by hour, is my tem - ple and my tower.
 3 more from his store new-born worlds rise and a - dore.
 4 stand at his hand; joy doth wait on his com - mand.
 5 call one and all: ye who fol - low shall not fall.

Gospel: Matthew 7:13-14 24-25

All stand.

Deacon The Holy Gospel of our Lord Jesus Christ according to
Matthew.

People **Glory to you, Lord Christ.**

¹³Jesus said, "Enter through the narrow gate; for the gate is wide and the road is easy that leads to destruction, and there are many who take it. ¹⁴For the gate is narrow and the road is hard that leads to life, and there are few who find it. ¹⁵"Beware of false prophets, who come to you in sheep's clothing but inwardly are ravenous wolves. ¹⁶You will know them by their fruits. Are grapes gathered from thorns, or figs from thistles? ¹⁷In the same way, every good tree bears good fruit, but the bad tree bears bad fruit. ¹⁸A good tree cannot bear bad fruit, nor can a bad tree bear good fruit. ¹⁹Every tree that does not bear good fruit is cut down and thrown into the fire. ²⁰Thus you will know them by their fruits. ²¹"Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but only the one who does the will of my Father in heaven. ²²On that day many will say to me, 'Lord, Lord, did we not prophesy in your name, and cast out demons in your name, and do many deeds of power in your name?' ²³Then I will declare to them, 'I never knew you; go away from me, you evildoers.' ²⁴Everyone then who hears these words of mine and acts on them will be like a wise man who built his house on rock. ²⁵The rain fell, the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on rock.

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Rev. Marguerite A.H. Steadman, Rector

The Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,

and the life of the world to come. Amen.

A Litany of Thanksgiving for a Church

Let us thank God whom we worship now in the beauty of holiness.

Eternal God, the heaven of heavens cannot contain you, much less the walls of temples made with hands. Graciously receive our thanks for St. John's Church, and accept our praise, offered to your honor and glory.

For the Church universal, of which these visible buildings are the symbol,
We thank you, Lord.

For your presence whenever two or three have gathered together in your Name,
We thank you, Lord.

For this place where we may be still and know that you are God,
We thank you, Lord.

For making us your children by adoption and grace, and refreshing us day by day with the bread of life.
We thank you, Lord.

For the knowledge of your will and the grace to perform it,
We thank you, Lord.

For the fulfilling of our desires and petitions as you see best for us,
We thank you, Lord.

For the pardon of our sins, which restores us to the company of your faithful people,
We thank you, Lord.

For the blessing of our vows and the crowning of our years with your goodness,
We thank you, Lord.

For the faith of those who have gone before us and for our encouragement by their perseverance,
We thank you, Lord.

For the fellowship of St. John all your Saints,

We thank you, Lord.

After a brief silence, the Celebrant concludes with the following Doxology

Yours, O Lord, is the greatness, the power, the glory, the victory, and the majesty;

For everything in heaven and on earth is yours.

Yours, O Lord, is the kingdom;

And you are exalted as head over all. Amen

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Holy Communion

Offertory Sentence

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

Offertory Anthem

Pastorale in F Major (BWV 590)- J.S. Bach

You may give online at <https://stjohnsbangor.org/online-giving/> or by texting

"StJohnsBangor Donation \$50" to 73256 to donate using your text messaging. (Any amount donation can be made, \$50 is just an example.) Standard text message rates do apply. Donations

by check can be mailed to : St. John's Episcopal Church, 234 French St., Bangor ME 04401.

Thank you for your continued support.

The Great Thanksgiving

Sursum Corda

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and
praise.**

Proper Preface

Facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

Through Jesus Christ our great High Priest, in whom we are built up as living stones of a holy temple, that we might offer before you a sacrifice of praise and prayer which is holy and pleasing in your sight.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Words of Institution

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

Epiclesis

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *Amen.*

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread

Fraction Anthem

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Invitation

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Prayer for Spiritual Communion

In Union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, I long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory.

I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you an embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. **Amen**

Communion from the Reserve Sacrament is available on Second Saturdays of the month (October 10, 2020) from 9-11am at the Church and at the same time as our food drive for the Food Cupboard at the Bangor Area Homeless Shelter. People are encouraged to make offerings of canned goods and also to come to retrieve the Sacrament to then keep at home and to receive it together on Zoom on Sundays. Communion bags with the Reserve Sacrament can also be retrieved by appointment or by requesting delivery by emailing community@stjohnsbangor.org.

The Bread and the Cup are given to the communicants with these words

The Body and Blood of our Lord Jesus Christ keep you in everlasting life. **Amen.**

Communion Anthem

Let All Mortal Flesh Keep Silence (Hymn 324)

Post-Communion Prayer

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Lord, make us instruments of your peace.

Where there is hatred, let us sow love;

where there is injury, pardon;

where there is discord, union;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

Grant that we may not so much

seek to be consoled as to console;

to be understood as to understand;

to be loved as to love.

For it is in giving that we receive;

it is in pardoning that we are pardoned;

and it is in dying that

we are born to eternal life. Amen.

Blessing

The Priest blesses the people, saying

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. *Amen.*

Announcements

Dismissal

Let us go forth in the name of Christ.

People **Thanks be to God.**

Postlude

Trumpet Voluntary in D Major- Henry Purcell

Parish Prayer List

For the Sick, Injured, or Distressed – Lee S., Judy A., James L., Veronica, Eileen, Angela O., Andrew L., Justin O., Stevens W., Ann L., Jacob B., Chris, Lois N., DeeJ P., Nyree O., Patricia, Devin, Tracy. *Continued prayers for* – Ralph R., Ross M., David, Aidan, Gretchen, Robert B., and Phillip F.

For our Homebound Members – Evelyn L., Joline F., Kathleen D., Mary, Charles, Robert B., Christa F., Lilly P., Earlene B., Cathy K., Betty C. and Eileen H.

For Everyone affected by the COVID19 virus: for all who are sick or dying, all who mourn; for all who are isolated, anxious, or scared; for those most vulnerable in our institutions and on our streets, for those sacrificing and volunteering to provide safe beds and nutritious meals; for students, families, teachers, and school administrators; for all who are working in essential services, especially our doctors and nurses and all in our health care systems, for all working in our grocery stores and

supply chains, and for those who clean and sterilize; for all who willingly sacrifice their own needs and desires for sake of others' health and well being.

For the World: for Peace and Goodwill among Nations and for peoples in war-torn places, especially those in those in the Middle East, Afghanistan and Iraq. For an end to war and all forms of violence. For all who suffer for conscience's sake. For our enemies and those who wish us harm. For all suffering effects of climate change and of natural disasters, especially in California, Oregon,. For refugees, immigrants, and those who are displaced, especially for children.

For our Nation: for all those who lost family and friends on September 11th 19 years ago, for the people of Kenosha, WI, Portland, OR, Rochester, NY, for all who suffer from injustice; for eyes to see injustice and for the will to work for fairness for all of God's people; for all who protest and for those who are charged to maintain our safety; and for all who struggle to change our world and its systems of oppression.

For the Leaders of our Country, State and Community: Donald Trump, President; Members of Congress, especially, Susan Collins, Angus King, Chellie Pingree, Jared Golden of Maine; Janet Mills, Governor; and Clare Davitt, Mayor - that they govern with wisdom, civility, and compassion.

For our Military Personnel, especially those of this Parish: Sarah M., Dillan L., Joshua M., Aaron B., and Timothy W.

For the Departed - Ann Johnston, Ruth Bader Ginsburg, for all who have died from the Corona Virus around the world; All who have died from racial injustice and violence around the world.

With Thanksgiving for the lives of those celebrating birthdays during the week - Elizabeth B., David H., and Mary W.

If you would like to add or reinstate a name or concern for our parish prayer list, please contact one of the clergy. Please use this list for your own personal prayers too.

Announcements, Opportunities & Invitations

You're invited to Tea Time with Phoebe (the Holy Guinea Pig), on Sunday October 4th at 5:00pm. Yes, we are all tired of ZOOM, but some of us find this a helpful way to connect in these distancing times. Tea Time has come to be a place for

our previous coffee-hour conversations, but in some ways even better - with fewer distractions we are more fully able to share and discuss our cares and concerns and ways to help our neighbors, even while socially distanced. So even if you have not attended in the past, feel free to drop in at any time - and stay for a while, or for the entire time. The gathering lasts at most an hour.

<https://us02web.zoom.us/j/84006054306?pwd=ZmJHVXI4WGJLZ1FuYnB1WWkreUNadz09> Questions, feel free to contact me, Ann, at deacon@stjohnsbangor.org.

Some folks were missing compline. SO - We are offering it! Join us on Wednesday evenings at 7:30pm for compline, or Night Prayers. Compline is later in the day than Evening Prayer for those of us who work. It is past suppertime and the nightly news for others. The service lasts about 15 minutes and is a lovely way to conclude the day. We will try this until the end of September. For now, we are embracing the familiar, and using the Book of Common Prayer service (BCP page 127). Need a copy of the service? Have a question? Let me know:

deacon@stjohnsbangor.org. Please feel free to drop (ZOOM) in:

<https://us02web.zoom.us/j/85863792988?pwd=K0cwNERZS08yTzZYTE1rWnlvWHBDUT09>

Please join us on Thursday October 8th for our Eucharist Service in the Church. We will be observing 6ft social distancing, your temperature will be taken and masks covering your nose and mouth are mandatory. Those who have attended past indoor services report feeling safe and well spaced from others. Space is limited, so you must register online at

<https://onrealm.org/stjohnsbangor/PublicRegistrations/Event?linkString=NzVhODIiYjgtMjdmMC00MjA1LWI1MzMtYWM0MTAxMDBmMzMz>

Extra help is needed for our monthly serving at Second Saturday, hosted at St. John's. We are scheduled to serve next on **October 10th from 11:30am-1:30pm.** We are currently serving “to go” meals, observing social distancing and masks are required. No need to sign up in advance, or even commit to coming monthly. Just stop in to help out when you can.

Each month, **Communion from the Reserve Sacrament will be available on Second Saturdays** of the month from 9-11am at the Church and at the same time as our food drive for the Food Cupboard at the Bangor Area Homeless Shelter. October 10th will be our next Second Saturday. People are encouraged to make offerings of canned goods and also to come to retrieve the Sacrament to then keep at home and to receive it together on Zoom on Sundays. Communion bags with the Reserve Sacrament can also be retrieved by appointment or by requesting delivery by emailing community@stjohnsbangor.org.

Drive on by the Church on October 24th between 9am-11am for a socially distant farewell to Mo. Rita as she prepares for her final service with us. You can wave from your car or stop for a moment to chat from a distance (we ask all to wear masks). While saying good-bye, you can also drop off a donation for the Bangor Area Homeless Shelter. We hope that you can join us in making this a happy celebration of Mo. Rita's 13 years with us and to wish her well in the next chapter of her life.

To all of our wonderful volunteers who donate their time and efforts to cooking and serving at the Salvation Army with us, we have exciting news. **The Salvation Army began allowing volunteers back into the building to cook!** Our group is signed up for the 4th Tuesday. We'll be cooking and placing the food into to-go boxes which the Salvation Army staff will then serve from the truck. We will be practicing social distancing and masks are required, so please bring one. **We look forward to seeing you again at the Salvation Army on October 27th from 10:00am to 1:30pm!**

The Gospel of Mark. Our annual 50-Day Bible Challenge will be starting on September 27th at 11:30am. Copies of the daily readings and reflections (A Journey with Mark) are available from the parish for \$13. If you would like to reserve a book or to register for the class, email Patricia Sprague at formation@stjohnsbangor.org. You'll be contacted to arrange a convenient delivery method. Copies can also be purchased online at

https://www.amazon.com/Journey-Mark-Day-Bible-Challenge-ebook/dp/B00S5BYQV0/ref=sr_1_3?crid=3RWLQNF9GZ4SA&dchild=1&keywords=50+day+bible+challenge&qid=1600091213&prefix=50+day+%2Caps%2C182&sr=8-3

Are you computer savvy? **We're looking for volunteers to help stream our Sunday services. We use Zoom, OBS Software and YouTube.** Are you not a computer wizard but comfortable with basic computer skills? **We also need volunteers to share their screen and music while in Zoom during the service.** If you'd be interested in regularly volunteering on Sunday mornings doing one of these duties, please contact Vanessa at admin@stjohnsbangor.org.