



Sunday October 11, 2020
The Nineteenth Sunday after Pentecost

The Holy Eucharist: Rite Two
St. John's Episcopal Church, Bangor, Maine

Prelude

Aria- Paul Manz

Welcome

The Word of God

Gathering Hymn

Praise to the Lord, the Almighty, the King of creation (Lobe den Herren) (Hymn 390)v. 1&3

Praise to the Lord, the Almighty, the King of creation;
 O my soul, praise him, for he is thy health and salvation:
 join the great throng,
 psaltery, organ, and song,
 sounding in glad adoration.

Praise to the Lord; over all things he gloriously reigneth:
 borne as on eagle-wings, safely his saints he sustaineth.
 Hast thou not seen
 how all thou needest hath been
 granted in what he ordaineth?

Praise to the Lord, who doth prosper thy way and defend thee;

surely his goodness and mercy shall ever attend thee;
ponder anew
what the Almighty can do,
who with his love doth befriend thee.

Praise to the Lord! O let all that is in me adore him!
All that hath life and breath come now with praises before him!
Let the amen
sound from his people again;
gladly for ever adore him.

Opening Acclamation

Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever.**
Amen.

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

Opening Anthem or Song of Praise

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;

you are seated at the right hand of the Father:
 receive our prayer.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

First Reading:

A Reading from the book of Exodus.

¹When the people saw that Moses delayed to come down from the mountain, the people gathered around Aaron, and said to him, "Come, make gods for us, who shall go before us; as for this Moses, the man who brought us up out of the land of Egypt, we do not know what has become of him." ²Aaron said to them, "Take off the gold rings that are on the ears of your wives, your sons, and your daughters, and bring them to me." ³So all the people took off the gold rings from their ears, and brought them to Aaron. ⁴He took the gold from them, formed it in a mold, and cast an image of a calf; and they said, "These are your gods, O Israel, who brought you up out of the land of Egypt!" ⁵When Aaron saw this, he built an altar before it; and Aaron made proclamation and said, "Tomorrow shall be a festival to the LORD." ⁶They rose early the next day, and offered burnt offerings and brought sacrifices of well-being; and the people sat down to eat and drink, and rose up to revel. ⁷The LORD said to Moses, "Go down at once! Your people, whom you brought up out of the land of Egypt, have acted perversely; ⁸they have been quick to turn aside from the way that I commanded them; they have cast for themselves an image of a calf, and have

worshiped it and sacrificed to it, and said, "These are your gods, O Israel, who brought you up out of the land of Egypt!"⁹ The LORD said to Moses, "I have seen this people, how stiff-necked they are. ¹⁰Now let me alone, so that my wrath may burn hot against them and I may consume them; and of you I will make a great nation."

¹¹But Moses implored the LORD his God, and said, "O LORD, why does your wrath burn hot against your people, whom you brought out of the land of Egypt with great power and with a mighty hand? ¹²Why should the Egyptians say, 'It was with evil intent that he brought them out to kill them in the mountains, and to consume them from the face of the earth?' Turn from your fierce wrath; change your mind and do not bring disaster on your people. ¹³Remember Abraham, Isaac, and Israel, your servants, how you swore to them by your own self, saying to them, 'I will multiply your descendants like the stars of heaven, and all this land that I have promised I will give to your descendants, and they shall inherit it forever.'" ¹⁴And the LORD changed his mind about the disaster that he planned to bring on his people.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm: 106:1-6, 19-23

Confitemini Domino, Et fecerunt vitulum

Said together in unison

1 Hallelujah!

**Give thanks to the Lord, for he is good, *
for his mercy endures for ever.**

**2 Who can declare the mighty acts of the Lord *
or show forth all his praise?**

**3 Happy are those who act with justice *
and always do what is right!**

**4 Remember me, O Lord, with the favor you have for your people, *
and visit me with your saving help;**

**5 That I may see the prosperity of your elect
and be glad with the gladness of your people, *
that I may glory with your inheritance.**

**6 We have sinned as our forebears did; *
we have done wrong and dealt wickedly.**

**19 Israel made a bull-calf at Horeb *
and worshiped a molten image;**

**20 And so they exchanged their Glory *
for the image of an ox that feeds on grass.**

21 They forgot God their Savior, *
 who had done great things in Egypt,
 22 Wonderful deeds in the land of Ham, *
 and fearful things at the Red Sea.
 23 So he would have destroyed them,
 had not Moses his chosen stood before him in the breach, *
 to turn away his wrath from consuming them.

Second Reading: Philippians 4:1-9

A Reading from Paul's letter to the Church in Philippi.

¹Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved. ²I urge Euodia and I urge Syntyche to be of the same mind in the Lord. ³Yes, and I ask you also, my loyal companion, help these women, for they have struggled beside me in the work of the gospel, together with Clement and the rest of my co-workers, whose names are in the book of life. ⁴Rejoice in the Lord always; again I will say, Rejoice. ⁵Let your gentleness be known to everyone. The Lord is near. ⁶Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. ⁸Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. ⁹Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Reader The Word of the Lord.

People **Thanks be to God.**

Sequence Hymn *Come, thou fount of every blessing* (H 686) v. 1&3



1 Come, thou fount of ev - ery bless - ing, tune my
 2 Here I find my great - est trea - sure; hith - er,
 3 Oh, to grace how great a debt - or dai - ly



heart to sing thy grace! Streams of mer - cy nev - er
 by thy help, I've come; and I hope, by thy good
 I'm con - strained to be! Let thy good - ness, like a



ceas - ing, call for songs of loud - est praise.
 plea - sure, safe - ly to ar - rive at home.
 fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by
 Je - sus sought me when a stran - ger wan - dering
 prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me
 from the fold of God; he, to res - cue me from
 leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.
 dan - ger, in - ter - posed his pre - cious blood.
 seal it, seal it for thy courts a - bove.

Gospel: Matthew 22:1-14

Deacon

The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People***Glory to you, Lord Christ.**

¹Once more Jesus spoke to them in parables, saying: ²“The kingdom of heaven may be compared to a king who gave a wedding banquet for his son. ³He sent his slaves to call those who had been invited to the wedding banquet, but they would not come. ⁴Again he sent other slaves, saying, ‘Tell those who have been invited: Look, I have prepared my dinner, my oxen and my fat calves have been slaughtered, and everything is ready; come to the wedding banquet.’ ⁵But they made light of it and went away, one to his farm, another to his business, ⁶while the rest seized his slaves, mistreated them, and killed them. ⁷The king was enraged. He sent his troops, destroyed those murderers, and burned their city. ⁸Then he said to his slaves, ‘The wedding is ready, but those invited were not worthy. ⁹Go therefore into the main streets, and invite everyone you find to the wedding banquet.’ ¹⁰Those slaves went out into the streets and gathered all whom they found, both good and bad; so the wedding hall was filled with guests. ¹¹“But when the king came in to see the guests, he noticed a man there who was not wearing a wedding robe, ¹²and he said to him, ‘Friend, how did you get in here without a wedding robe?’ And he was speechless. ¹³Then the king said to the attendants, ‘Bind him hand and foot, and throw him into the outer darkness, where there will be weeping and gnashing of teeth.’ ¹⁴For many are called, but few are chosen.”

Deacon

The Gospel of the Lord.

*People***Praise to you, Lord Christ.**

The Sermon

The Rev. Howard La Rue

Today we welcome the Rev. Howard LaRue as our guest preacher. The Rev. Howard La Rue served in the U.S. Navy for sixteen years and lived for some time, with his family in Japan, where his two youngest children were born. After which, he entered Virginia Seminary and then served two churches in Virginia, the last being Emmanuel Church, Greenwood, just outside Charlottesville, where he ministered for 27 years. He and his late wife Kate then moved to Maine, where they had vacationed for many

years. He lives in Searsport, where he operates a Bookstore and Asian Antiques gallery. He has been at St. John's since 2012, and has enjoyed sitting in the pew and listening to the powerful preaching in this wonderful place.

The Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For the Most Rev. Michael Curry, our Presiding Bishop, and the Rt. Rev. Thomas Brown, our Bishop; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

The Celebrant concludes with a suitable Collect

Hasten, O Father, the coming of your kingdom; and grant that we your servants, who now live by faith, may with joy behold your Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. **Amen.**

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.
People **And also with you.**

The Holy Communion

Offertory Sentence

The Celebrant says

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.
Psalm 50:14

Offertory Hymn

Courante (from Cello Suite No. 1 in G Major) - J.S. Bach
 Sophia Steadman, Violist.

You may give online at <https://stjohnsbangor.org/online-giving/> **or by texting**
 "StJohnsBangor Donation \$50" to 73256 to donate using your text messaging. (Any amount
 donation can be made, \$50 is just an example.) Standard text message rates do apply. **Donations**
by check can be mailed to : St. John's Episcopal Church, 234 French St., Bangor ME
 04401. Thank you for your continued support.

The Great Thanksgiving

Sursum Corda

The People remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and
 praise.**

Proper Preface

Facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Celebrant and People

**Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Words of Institution

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the

remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

Epiclesis

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

The Breaking of the Bread

Fraction Anthem

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Invitation

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion from the Reserve Sacrament is available on Second Saturdays of the month from 9-11am at the Church and at the same time as our food drive for the Food Cupboard at the Bangor Area Homeless Shelter. People are encouraged to make offerings of canned goods and also to come to retrieve the Sacrament to then keep at home and to receive it together on Zoom on Sundays. Communion bags with the Reserve Sacrament can also be retrieved by appointment or by requesting delivery by emailing community@stjohnsbangor.org.

The Bread and the Cup are given to the communicants with these words

The Body and Blood of our Lord Jesus Christ keep you unto everlasting life. **Amen.**

Prayer for Spiritual Communion

Beloved, a spiritual communion is a personal devotional that anyone can pray, expressing desire to receive Holy Communion in this moment, but in which circumstances impede them from actually receiving Holy Communion.

Since we now are apart, let us pray:

Gracious Christ, you invite us to your feast, setting before us your heart's bread, and your life's wine. We yearn with all our souls to feast with you at the Altar, to taste and see the Lord's goodness today. Since we cannot now find union at the table, grant your presence spiritually. We offer you our hearts, lives and souls, that we may become eternally one. Amen.

Communion Anthem

Let All Mortal Flesh Keep Silence (Hymn 324)

Post-Communion Prayer

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us spiritually
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

The Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

Dismissal

Let us go forth in the name of Christ.

People

Thanks be to God.

Postlude

Cantad Al Senor (Brazilian folk tune)- Setting by J.M. Michel

Parish Prayer List

For the Sick, Injured, or Distressed – Lorraine S., Lee S., Judy A., James L., Veronica, Eileen, Angela O., Andrew L., Justin O., Stevens W., Jacob B., Chris, Lois N., DeeJ P., Nyree O., and Patricia. *Continued prayers for – Saree and her unborn child, Devin, Tracy, Ralph R., and Ross M., David, Aidan, and Gretchen.*

For our Homebound Members – Evelyn L., Joline F., Kathleen D., Mary, Charles, Robert B., Christa F., Lilly P., Earlene B., Cathy K., Betty C. and Eileen H.

For Everyone affected by the COVID19 virus: for our President and First Lady, for all exposed to the virus, for all who are sick or dying, all who mourn; for all who are isolated, anxious, or scared; for those most vulnerable in our institutions and on our streets, for those sacrificing and volunteering to provide safe beds and nutritious meals; for students, families, teachers, and school administrators; for all who are working in essential services, especially our doctors and nurses and all in our health care systems, for all working in our grocery stores and supply chains, and for those who clean and sterilize; for all who willingly sacrifice their own needs and desires for sake of others' health and well being.

For the World: for Peace and Goodwill among Nations and for peoples in war-torn places, especially those in those in the Middle East, Afghanistan and Iraq. For an end to war and all forms of violence. For all who suffer for conscience's sake. For our enemies and those who wish us harm. For all suffering effects of climate change and of natural disasters, especially in California, Oregon,. For refugees, immigrants, and those who are displaced, especially for children.

For our Nation: for the people of Kenosha, WI, Portland, OR, Rochester, NY, for all who suffer from injustice; for eyes to see injustice and for the will to work for fairness for all of God's people; for all who protest and for those who are charged to maintain our safety; and for all who struggle to change our world and its systems of oppression.

For the Leaders of our Country, State and Community: Donald Trump, President; Members of Congress, especially, Susan Collins, Angus King, Chellie Pingree, Jared Golden of Maine; Janet Mills, Governor; and Clare Davitt, Mayor - that they govern with wisdom, civility, and compassion.

For our Military Personnel, especially those of this Parish: Sarah M., Dillan L., Joshua M., Aaron B., and Timothy W.

For the Departed - Jonathan Price, Regan McCleary, Ann Johnston, Ruth Bader Ginsburg, for all

who have died from the Corona Virus around the world; All who have died from racial injustice and violence around the world.

With Thanksgiving for the lives of those celebrating birthdays during the weeks of October 11th and 18th - Melissa B., Jerry L., Rachel P., Susan P., Cathy R., Chick R., David S., Spencer S., Patricia T., and Tiffany T.

If you would like to add or reinstate a name or concern for our parish prayer list, please contact one of the clergy. Please use this list for your own personal prayers too.

Announcements, Opportunities & Invitations

You're invited to Tea Time with Phoebe (the Holy Guinea Pig), on Sunday October 11th at 5:00pm. Yes, we are all tired of ZOOM, but some of us find this a helpful way to connect in these distancing times. Tea Time has come to be a place for our previous coffee-hour conversations, but in some ways even better - with fewer distractions we are more fully able to share and discuss our cares and concerns and ways to help our neighbors, even while socially distanced. So even if you have not attended in the past, feel free to drop in at any time - and stay for a while, or for the entire time. The gathering lasts at most an hour.

<https://us02web.zoom.us/j/84006054306?pwd=ZmJHVXI4WGJLZ1FuYnB1WWkreUNadz09> Questions, feel free to contact me, Ann, at deacon@stjohnsbangor.org.

Please join us on Thursday October 15th and 22nd for our Eucharist Service in the Church. We will be observing 6ft social distancing, your temperature will be taken and masks covering your nose and mouth are mandatory. Those who have attended past indoor services report feeling safe and well spaced from others. Space is limited, so you must register online at

<https://onrealm.org/stjohnsbangor/PublicRegistrations/Event?linkString=ZWY5YmQ3N2UtYzdiNS00ZGJmLWlxNDUtYWw0MTAxMDJiN2Rk> for the 15th and

<https://onrealm.org/stjohnsbangor/PublicRegistrations/Event?linkString=NDI3MGZmZmQ3NTZmZS00OTRjLTlmMjEtYWw0MTAxMDZmZDBj> for the service on the 22nd.

Our Good Good-bye

On **October 18th** at 4:30pm, you are invited to a Zoom gathering to say farewell to

Mo. Rita before her last service with us on October 25th with heart-warming stories and greetings from parishioners and community members.

<https://us02web.zoom.us/j/83754066526?pwd=VGRaa3lKNWwzOHFVNXd1Q3hoY2I5dz09>.

For the 18th, we also invite you to send in a 1-2 minute video wishing her well, sharing a memory, or just saying good-bye. The video can be taken with your cell phone. Please keep it close to your face, but having a well-lit background (you are welcome you use the church yard). Please send the video by going to filemail.com and send them through that site to stewardship@stjohnsbangor.org, so that our wonderful volunteer, Eric Boberg can edit them all together. We ask that you submit videos or notes **no later than October 13th**.

If you are uncomfortable sending a video, you may also write a note to Mother Rita and send it to Vanessa Young via email to admin@stjohnsbangor.org. One of our volunteers will read it on camera for you. If we receive more videos and notes than time permits, don't worry, Mo. Rita will receive all submissions as a gift.

Last week you should have received an email detailing the farewell plans we have in store for Mo. Rita this month. Some of the details are a surprise, so we can't share them here. If you did not receive the email, please email Vanessa at admin@stjohnsbangor.org so she can send it to you.

Drive on by the Church on October 24th between 9am-11am for a food drive and a socially distant farewell to Mo. Rita as she prepares for her final service with us. You can wave from your car or stop for a moment to chat from a distance (we ask all to wear masks). While saying good-bye, you can also drop off a donation for the Bangor Area Homeless Shelter. We hope that you can join us in making this a happy celebration of Mo. Rita's 13 years with us and to wish her well in the next chapter of her life.

Are you computer savvy? **We're looking for volunteers to help stream our Sunday services. We use Zoom, OBS Software and YouTube.** Are you not a computer wizard but comfortable with basic computer skills? **We also need volunteers to share their screen and music while in Zoom during the service.** If you'd be interested in regularly volunteering on Sunday mornings doing one of these duties, please contact Vanessa at admin@stjohnsbangor.org.

To all of our wonderful volunteers who donate their time and efforts to cooking and serving at the Salvation Army with us, we have exciting news. **The Salvation Army began allowing volunteers back into the building to cook!** Our group is signed up for the 4th Tuesday. We'll be cooking and placing the food into to-go boxes which the Salvation Army staff will then serve from the truck. We will be practicing social distancing and masks are required, so please bring one. **We look forward to seeing you again at the Salvation Army on October 27nd from 10:00am to 1:30pm!**

The Gospel of Mark. Our annual 50-Day Bible Challenge started on September 27th at 11:30am. Copies can also be purchased online at https://www.amazon.com/Journey-Mark-Day-Bible-Challenge-ebook/dp/B00S5BYQV0/ref=sr_1_3?crid=3RWLQNF9GZ4SA&dchild=1&keywords=50+day+bible+challenge&qid=1600091213&prefix=50+day+%2Caps%2C182&sr=8-3

Each month, **Communion from the Reserve Sacrament will be available on Second Saturdays** of the month from 9-11am at the Church and at the same time as our food drive for the Food Cupboard at the Bangor Area Homeless Shelter. November 14th will be our next Second Saturday. People are encouraged to make offerings of canned goods and also to come to retrieve the Sacrament to then keep at home and to receive it together on Zoom on Sundays. Communion bags with the Reserve Sacrament can also be retrieved by appointment or by requesting delivery by emailing community@stjohnsbangor.org.

Extra help is needed for our monthly serving at Second Saturday, hosted at St. John's. We are scheduled to serve next on **November 14th from 11:30am-1:30pm.** We are currently serving "to go" meals, observing social distancing and masks are required. No need to sign up in advance, or even commit to coming monthly. Just stop in to help out when you can.