

**St. John's Episcopal Church**  
**"Our mission is to know and to  
share the love of Jesus Christ"**



**Year B, Proper 10**  
**Worship time - 10:00am**

**Serving on July 14th:**

**Lectors** –Kelsi H. and Jacquie W.

**Acolytes** – Grant P., Kristin W., Edmund H., Isaac P, and Obi O.

**Chalice Bearers** – Jacquie W. and Pat S.

**Ushers** – John N. and Jeff P.

**Serving on July 21st:**

**Lectors** –Ann H. and Eilon Z.

**Acolytes** – Pat S., Kristin W., Gavin F., Obi O and Eilon Z.

**Chalice Bearers** – Robert F and Pat S.

**Ushers** – Jim B and Don L.

Thank you to all who volunteer as Lectors, Acolytes, Chalice Bearers and Ushers. If you would like to serve in one of these positions, please let us know.

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**Coffee Hour**

A huge thank you to Faith and Penelope for keeping the coffee hour ministry alive over the past four months! We will miss Faith as she moves away from Maine, and we're glad we'll still get to see Penelope! Thanks again to the two of you; your contribution meant a lot to St. John's.

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**Fresh Start**

St. John's continues to support Fresh Start and it's residents. Fresh Start Sober Living program receives 15-20 applications per week as well as daily calls. Fresh Start now has 17 homes, including two newly purchased homes. One on Ohio Street and one in Orono. The Orono living space will be first offered to students of the University of Maine who would benefit from an alcohol and drug free living environment. All residents of Fresh Start must pay rent, and work, volunteer or attend school. Members must also follow their recovery plan.

Currently they are currently in need furniture and household appliances for their recently purchased homes on Ohio Street and in Orono. They are always in need of blankets (they have many full size beds and some twin beds), pillow cases, sheets, towels, wash clothes, pot holders, dish towels, 3-1 soap (shampoo, conditioner, bodywash), combs, brushes, deodorant, Q-tips, toothbrushes, toothpaste, dental floss, shave cream, disposable razors, bandaids, and feminine hygiene products.

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## Women's Book Group

The Women's book Group will next read "Exuberance: the Passion for Life" written by Kay Redfield Jamison, 2005.

"Exuberance: The Passion for Life introduces us to such notably irrepressible types as Teddy Roosevelt, John Muir, and Richard Feynman, as well as Peter Pan, dancing porcupines, and Charles Schulz's Snoopy. It explores whether exuberance can be inherited, parses its neurochemical grammar, and documents the methods people have used to stimulate it. The resulting book is an irresistible fusion of science and soul."

If you are interested in joining in the discussion on July 16, at 2:00pm on Zoom, please contact the church office, Jane, or Marisue.



"[Jamison is] that rare writer who can offer a kind of unified field theory of science and art. . . . She argues—with her usual wit, ingenuity and panache—that exuberance is one of creativity's wellsprings."  
—THE WASHINGTON POST BOOK WORLD

## EXUBERANCE

*The PASSION for LIFE*

KAY REDFIELD JAMISON

Bestselling author of *An Unquiet Mind*

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## May Vestry Minutes

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### Readings

Amos 7:7-15

Ephesians  
1:3-14

Mark 6:14-29

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Sunday  
Worship  
Sunday:  
Worship  
Bulletin

YouTube

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Morning  
Prayer

Monday -  
Friday:

9am Morning  
Prayer

Facebook  
Zoom

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Evening  
Prayer  
Monday -  
Friday:

### What's Happening This Week

**Saturday July 13th, 12:00pm:** Second Saturday Community Lunch in the Undercroft. Volunteers are always welcome and needed. Contact Raven or Phil for more information.

**Sunday, July 14th, 10:00am:** Holy Eucharist, in person and on YouTube. Nursery and Sunday School are available. Coffee hour in the Undercroft immediately following the service.

**Sunday, July 14th, 7:00pm:** AA meeting in the Undercroft.

**Tuesday, July 16th, 2:00pm:** Women's Book Group on Zoom. For more information, please see announcement above.

**Tuesday, July 16th, 6:30pm:** EfM meets on Zoom. Contact Scott or Signa for more information.

**Saturday, July 20th, 11:00am:** The Funeral for Lois Soule.

**Sunday, July 21st, 10:00am:** Holy Eucharist, in person and on YouTube. Nursery and Sunday School are available. Coffee hour in the Undercroft immediately following the service.

**Sunday, July 21st, 7:00pm:** AA meeting in the Undercroft.

**For more information about these and future events, as well as ways to get involved, check out [www.stjohnsbangor.org](http://www.stjohnsbangor.org).**

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### Nursery Care and Children's Chapel

Children should arrive between 9:45 and 10:00 am in the Undercroft on Sunday mornings for Nursery care, ages 0-3, and for Children's Chapel, ages 4-10.

In **Children's Chapel**, we celebrate the boundless curiosity and wonder of our young ones as we delve into the stories and lessons of the Bible. We aim to cultivate a nurturing and engaging environment that teaches our youngest

**Opportunities to pray together:**

**Sunday Morning Eucharist**, at 10:00am in person and on [YouTube](#)  
**Morning Prayer**, Mon-Fri, 9:00am on [Zoom](#) and [Facebook](#)  
**Evening Prayer**, Mon-Fri, 5:30pm on [Zoom](#)

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**Volunteering is a wonderful way to give.** Looking for the right Ministry Opportunity for you? Take a moment to speak with [Signa](#) about what might be the best fit for you.

**[OPPORTUNITIES FOR MINISTRY](#)**

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**Parish Prayer List:**

*If you would like to add or reinstate a name or concern for our parish prayer list, please contact the church office or [prayers@stjohnsbangor.org](mailto:prayers@stjohnsbangor.org).*

**Thanksgiving for all the prayers that were raised up for Lily. She has been restored to health! Praise be to God!**

**For the Sick, Injured, or Distressed, and for those who have requested prayer:** Katie B., Donald K., Shannon N., Delores L., and Kathy C. **Continued prayers for** – Greg S., Kelly M., Patricia T., Francisca F., Barry, Will B., Patricia M., Megan, Presiding Bishop Michael Curry, Ross M., Susan W., Frank B., Michelle B., Bob Y., and Jenny H.

**For our Homebound Members:** Lilly P., Earlene B., and Eileen H.

**For the World:** for Peace and Goodwill among Nations and for peoples in places of violence or oppression, and for the many places in our world where there is danger and desperation. We continue to pray especially for the people in Ukraine and the Holy Land. For an end to war and all forms of violence. For all who suffer for conscience's sake. For our enemies and those who wish us harm. For all suffering effects of climate change and of natural disasters. For refugees, immigrants, and those who are displaced.

**For our Nation:** For the healing of divisions and the celebration of diversity; for the recognition that no single viewpoint on any issue, no matter how important, is without human error; and for all who struggle to change our world and its systems of oppression and exploitation.

**For the Leaders of our Country, State and Community:** Joseph Biden Jr., President; Members of Congress, especially, Susan Collins, Angus King, Chellie Pingree, Jared Golden of Maine; Janet Mills our Governor; and Cara Pelletier our Mayor; for those who administer justice in the courts of this land, that they all may serve our nation and the world with wisdom, civility, and compassion.

**For our Military Personnel, especially those of this Parish:** Sarah M., Dillan L., Joshua M., and Timothy W.

**With Thanksgiving for the lives of those celebrating birthdays during the coming week** including Meredith A., Kevin F., David S. and William S.

**For the Departed:**

**The Altar Flowers are given to the Glory of God and in memory of**

Beth Bohnet, given by Bruce and LeeAnne Mallonee



**St. John's Episcopal Church**

225 French Street, Bangor, Maine 04401

207-947-0156

<http://www.stjohnsbangor.org>



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