



St. John's Episcopal Church

"Our mission is to know and to share the love of Jesus Christ"

March 1, 2026

The Holy Eucharist: Rite One ^{(1, 2, 3)*}

* footnotes found on pg. 15

Organ Voluntary

Andante (from Klavierübung No. II, the "Italian Concerto")- J.S. Bach

Processional Hymn ⁽⁴⁾

Blue Hymnal #636 - *How firm a foundation*

How firm a foundation, ye saints of the Lord,
is laid for your faith in his excellent word!
What more can he say than to you he hath
said,
to you that for refuge to Jesus have fled?

'Fear not, I am with thee; O be not dismayed!
For I am thy God, and will still give thee aid;
I'll strengthen thee, help thee, and cause thee
to stand,
upheld by my righteous, omnipotent hand.

'When through the deep waters I call thee to
go, the rivers of woe shall not thee overflow;

for I will be with thee, thy troubles to bless,
and sanctify to thee thy deepest distress.

'When through fiery trials thy pathway shall
lie,
my grace, all-sufficient, shall be thy supply;
the flame shall not hurt thee; I only design
thy dross to consume, and thy gold to refine.

'The soul that to Jesus hath fled for repose,
I will not, I will not desert to its foes;
that soul, though all hell shall endeavor to
shake,
I'll never, no, never, no, never forsake.'

Opening Acclamation

(**B**ook of **C**ommon **P**rayer p. 319) ⁽⁵⁾

One: Bless the Lord who forgiveth all our sins.
All: **His mercy endureth for ever.**

Opening Sentences (BCP p. 319)

Confession of Sin (BCP p. 320) ⁽⁶⁾

Almighty and most merciful Father,
 we have erred and strayed from thy ways like lost sheep,
 we have followed too much the devices and desires of our own hearts,
 we have offended against thy holy laws,
 we have left undone those things which we ought to have done,
 and we have done those things which we ought not to have done.
 But thou, O Lord, have mercy upon us,
 spare thou those who confess their faults,
 restore thou those who are penitent,
 according to thy promises declared unto mankind
 in Christ Jesus our Lord;
 and grant, O most merciful Father, for his sake,
 that we may hereafter live a godly, righteous, and sober life,
 to the glory of thy holy Name. Amen.

The Almighty and merciful Lord grant you absolution and remission of all your sins,
 true repentance, amendment of life, and the grace and consolation of his Holy Spirit.
 Amen.

Kyrie Eleison - Blue Hymnal # S 86

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
 e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
 le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

The Collect of the Day ⁽⁷⁾

One: The Lord be with you.

All: **And with thy spirit.**

One: Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. **Amen.**

The Lessons

First Reading: Genesis 12:1-4a ⁽⁸⁾

The LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the LORD had told him; and Lot went with him.

Reader: The Word of the Lord.

All: **Thanks be to God.**

Psalm 121 *Levavi oculos* ⁽⁹⁾

Sung by choir and congregation

Adapted from *O Waly Waly*
by William Bradley Roberts



- 1 I lift up my eyes to the **hills**; *
from where is my help to **come**?
- 2 My help comes from the **LORD**, *
the maker of heaven and **earth**.
- 3 He will not let your foot be **moved** *
and he who watches over you will not fall a-**sleep**.
- 4 Behold, he who keeps watch over **Israel** *
shall neither slumber nor **sleep**;
- 5 The LORD himself watches **over you**; *
the LORD is your shade at your **right hand**,
- 6 So that the sun shall not strike you by **day**, *
nor the moon by **night**.
- 7 The LORD shall preserve you from all **evil**; *
it is he who shall keep you **safe**.
- 8 The LORD shall watch over your going out and your coming **in**, *
from this time forth forever-**more**.

Second Reading: Romans 4:1-5, 13-17 ⁽¹⁰⁾

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader: The Word of the Lord

All: **Thanks be to God.**

Sequence Hymn

Blue Hymnal #613 - *Thy kingdom come, O God*

Thy kingdom come, O God!
Thy rule, O Christ, begin!
Break with thine iron rod
the tyrannies of sin!

Where is thy reign of peace,
and purity, and love?
When shall all hatred cease,
as in the realms above?

When comes the promised time
that war shall be no more,

oppression, lust, and crime
shall flee thy face before?

We pray thee, Lord, arise,
and come in thy great might;
revive our longing eyes,
which languish for thy sight.

Wherever near or far
thick darkness broodeth yet:
arise, O Morning Star,
arise, and never set!

Gospel: John 3:1-17 ⁽¹¹⁾

One: The Holy Gospel of our Lord Jesus Christ according to John.

Many: **Glory be to thee, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?”

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

One: The Gospel of the Lord.

Many: **Praise be to thee, Lord Christ.**

The Sermon ⁽¹²⁾

The Rev. Jarrett Kerbel

The Nicene Creed (BCP p. 326) ⁽¹³⁾

We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
 We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.

For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
 We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.

Prayers of the People (BCP p. 328) ⁽¹⁴⁾

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord in Your Mercy,

Hear Our Prayer

Give grace, O heavenly Father, to all bishops and other ministers, especially Sean our Presiding Bishop, and Thomas our Bishop, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord in Your Mercy,

Hear Our Prayer

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord in Your Mercy,
Hear Our Prayer

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land especially Donald our President, Janet our Governor, and Susan our mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord in Your Mercy,
Hear Our Prayer

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord in Your Mercy,
Hear Our Prayer

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor [and] all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord in Your Mercy,
Hear Our Prayer

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially _____], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord in Your Mercy,
Hear Our Prayer

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

The Peace (BCP p. 332) ⁽¹⁵⁾

Celebrant: The peace of the Lord be always with you.

All: **And with thy spirit.**

Anniversary and Birthday Blessings

God grant you ma-ny years. God grant you ma-ny years.

God grant you ma-ny years.

The Holy Communion

Offertory Anthem (16)

Lord, who throughout these forty days - text by Claudia Frances Hernaman, music by Erik Meyer

Presentation Hymn

Blue Hymnal #377, v. 1 - *All the people that on earth do dwell*

All people that on earth do dwell,
sing to the Lord with cheerful voice:
him serve with mirth, his praise forth tell,
come ye before him and rejoice.

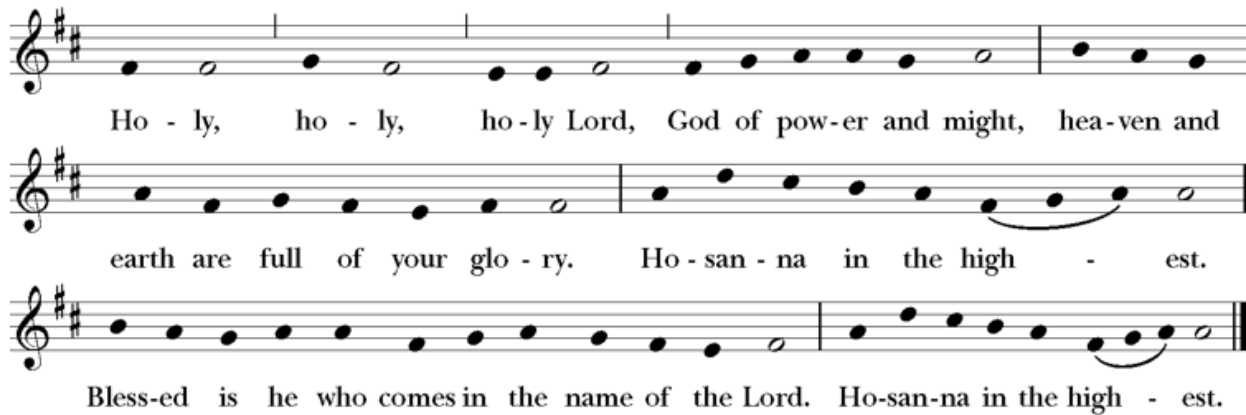
The Great Thanksgiving (BCP p. 340) (17)

Celebrant: The Lord be with you.
All: **And with thy spirit.**
Celebrant: Lift up your hearts.
All: **We lift them up unto the Lord.**
Celebrant: Let us give thanks unto our Lord God.
All: **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus S 124- Blue Hymnal #124 Holy, holy, holy



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
 earth are full of your glo - ry. Ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

The Lord's Prayer (BCP p. 336) (18)

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread (BCP p. 337) (19)

Celebrant: Christ our Passover is sacrificed for us.

People: **Therefore let us keep the feast.**

Blue Hymnal #S 163 - Lamb of God

Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

Prayer of Humble Access (BCP p. 337)

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Invitation to Communion (BCP p. 338)

Communion (BCP p. 338) ⁽²⁰⁾

Communion Hymns

Blue Hymnal #324 v.1-3 - *Let all mortal flesh keep silence*

Let all mortal flesh keep silence,
and with fear and trembling stand;
ponder nothing earthly-minded,
for with blessing in his hand
Christ our God to earth descendeth,
our full homage to demand.

King of kings, yet born of Mary,
as of old on earth he stood,
Lord of lords in human vesture,

in the Body and the Blood
he will give to all the faithful
his own self for heavenly food.

Rank on rank the host of heaven
spreads its vanguard on the way,
as the Light of Light descendeth
from the realms of endless day,
that the powers of hell may vanish
as the darkness clears away.

Blue Hymnal #314- *Humbly I adore thee, Verity unseen*

Humbly I adore thee, Verity unseen,
who thy glory hidest 'neath these shadows
mean;
lo, to thee surrendered, my whole heart is
bowed,
tranced as it beholds thee, shrined within the
cloud.

Taste and touch and vision to discern thee
fail;
faith, that comes by hearing, pierces through
the veil.
I believe whate'er the Son of God hath told;
what the Truth hath spoken, that for truth I
hold.

O memorial wondrous of the Lord's own
death;
living Bread that givest all thy creatures
breath,
grant my spirit ever by thy life may live,
to my taste thy sweetness never-failing give.

Jesus, whom now hidden, I by faith behold,
what my soul doth long for, that thy word
foretold:
face to face thy splendor, I at last shall see,
in the glorious vision, blessed Lord, of thee.

Blue Hymnal #341- *For the bread which you have broken*

For the bread which you have broken,
for the wine which you have poured,
for the words which you have spoken,
now we give you thanks, O Lord.

As our blessed ones adore you,
seated at our Father's board,
may the Church still waiting for you
keep love's tie unbroken, Lord.

By this pledge, Lord, that you love us,
by your gift of peace restored,
by your call to heaven above us,
hallow all our lives, O Lord.

In your service, Lord, defend us;
in our hearts keep watch and ward,
in the world to which you send us
let your kingdom come, O Lord.

Post Communion Prayer (BCP p. 339)

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Sending out Eucharistic Visitors

[*Celebrant:* In the name of this congregation, I send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. With whom will you share this communion?

Eucharistic Visitors: (they say the names of those they will visit.)

Congregation: **We who are many are one body, because we all share one bread one cup.]**

Final Blessing (BCP p. 339)

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Hymn at the Retiring Procession

Blue Hymnal #544 - *Jesus shall reign where'er the sun*

Jesus shall reign where'er the sun
doth his successive journeys run;
his kingdom stretch from shore to shore,
till moons shall wax and wane no more.

To him shall endless prayer be made,
and praises throng to crown his head;
his Name like sweet perfume shall rise
with every morning sacrifice.

People and realms of every tongue
dwell on his love with sweetest song;

and infant voices shall proclaim
their early blessings on his Name.

Blessings abound where'er he reigns:
the prisoners leap to lose their chains,
the weary find eternal rest,
and all who suffer want are blest.

Let every creature rise and bring
peculiar honors to our King;
angels descend with songs again,
and earth repeat the loud amen.

Dismissal (21)

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Organ Voluntary (22)

Prelude and Fugue in g minor, BWV 558- J.S. Bach

For the Bread Which You Have Broken #27229 - Words © 1925 Augsburg Fortress Publishers. Contributors: Louis F Benson. Reprinted, podcast, and / or streamed with permission under ONE LICENSE #A-731074. All rights reserved.

New Plainsong Mass - Santus #00972 - Music © 1981 GIA Publications, Inc. Contributors: David Hurd. Reprinted, podcast, and / or streamed with permission under ONE LICENSE #A-731074. All rights reserved.

Agnus Dei: Lamb of God (Fraction Anthem)(Holy Eucharist II)(S163) #05163 - Music © 1985 Church Publishing, Inc. Contributors: Robert J. Powell. Reprinted, podcast, and / or streamed with permission under ONE LICENSE #A-731074. All rights reserved.

Humbly I adore thee (v. 1-3) #85485 - Words © 1985 Church Publishing, Inc. Contributor: Church Pension. Reprinted, podcast, and / or streamed with permission under ONE LICENSE #A-731074. All rights reserved.

New Plainsong Mass - Sanctus #00972 - Music ©1981 GIA Publications, Inc. Contributor: David Hurd. Reprinted, podcast, and / or streamed with permission under ONE LICENSE #A-731074. All rights reserved.

Lord, who throughout these forty days, text by Claudia Frances Hernaman, music by Erik Meye, used with permission by St. James Music Press, License #29161.

Parish Prayer list

If you would like to add or reinstate a name or concern for our parish prayer list, please contact the church office or prayers@stjohnsbangor.org.

For the Sick, Injured, or Distressed, and for those who have requested prayer: Judy H., Finley G., Janet M., Esther R., Scott, Christopher, Marcia & Richard, The Ford Family, John N., Donald H., The Hosmer Family, and Brenda D. **Continued prayers for** – The Miller Family, Earlene B., Mike Z., Ross M., Claude K., MarLynne M., John H., Frank S., Steve S., Kent C., Ann C., Rob, Russell M., Kyra H., Persis S., Duane P., Donald K., Jane Z., Jasmine P., Andrew, Gwen, Susan J., Elena B., Jay B., Susan S., Gary, Mikenzy M., Loretta, David B., Jane P., Kelly M., D., M., L., and Katie B.

For our Homebound Members: Lilly P., Earlene B., and Eileen H.

For the World: for Peace and Goodwill among Nations and for peoples in places of violence or oppression, and for the many places in our world where there is danger and desperation. We continue to pray for the people in Ukraine and the Holy Land, especially for the people in Gaza in this time of great suffering, and for the innocent people of Sudan caught in a brutal civil war. For an end to war and all forms of violence. For all who suffer for conscience's sake. For our enemies and those who wish us harm. For all suffering effects of climate change and of natural disasters. For refugees, immigrants, and those who are displaced.

For our Nation: For the healing of divisions and the celebration of diversity; for the recognition that no single viewpoint on any issue, no matter how important, is without human error; and for all who struggle to change our world and its systems of oppression and exploitation.

For the Leaders of our Country, State and Community: Donald J. Trump, President; Members of Congress, especially, Susan Collins, Angus King, Chellie Pingree, Jared Golden of Maine; Janet Mills our Governor; and Susan Hawes our Mayor; for those who administer justice in the courts of this land, that they all may serve our nation and the world with wisdom, civility, and compassion.

For our Military Personnel, especially those of this Parish: Sarah M., Dillan L., and Joshua M. and we also give Thanksgiving for all veterans and their willingness to lay down their lives for our country.

With Thanksgiving for the lives of those celebrating birthdays during the coming week including: Hannah H.

For the Departed: Peggy B. Smith, Heather Browning and Clifford Hosmer

Notes about our worship

- (1) Gathering for worship: When we enter church we greet one another and take time to pray to center our souls on God's generous love. The Book of Common Prayer (Maroon Book in the Pew) has personal prayers for worship on pages 833-835. At St. John's this time is often a bustle of hugs and conversations as a loving community knits itself together for worship.
- (2) Children are a delight to have in worship. Please spare no worries about the noises children make; we welcome children as they are. We have a Children's Corner with activities for children and Children's Chapel as well. They will come back during the Passing of the Peace.
- (3) Worship in Traditional Language: One option for worship in the Episcopal Church is called Rite 1 which preserves the archaic and poetic language of the 17th century. We use this Rite on occasion because its language is transcendent and beautiful, but also because it reminds us that worship happens in a different time and space - kairos not chronos - made possible by God's gracious presence in word, sacrament and community.
- (4) The Procession: Worship begins with a parade of acolytes, choir, children and clergy moving up the central aisle. The procession draws our attention toward our common focus on God represented by the altar. Some Episcopalians bow as the cross passes them to show respect and obedience to Jesus.
- (5) Opening Acclamation: We begin worship by saluting the name of God who has called us together for worship and for God's presence with healing power in our midst. The salutation marks our transition from secular to sacred space.
- (6) Confession of Sin: We have all fallen short in our response to God's love and we come clean to God in the general confession. While private confession is available by appointment, Episcopalians emphasize corporate confession to display our belief that all people have direct access to God without a priest as an intermediary. An early Christian image for sin came from Archery; when we sin we miss the mark or bullseye and our arrow falls short of the target. In confession we admit that we have fallen short so God's redemptive love can help us improve our aim and efforts in the future.
- (7) Collect of the Day: A prayer written for every Sunday of the year reflecting the scriptures for the day and the theme of the season.
- (8) The First Lesson: A portion of scripture from the Hebrew Bible (Old Testament) is our first reading from the Bible. The Hebrew Bible is the Bible as Jesus knew it in his lifetime and tells the story of God's long history of loving and redeeming humanity.
- (9) The Psalm: The 150 Psalms in the Hebrew Bible are the hymn book of the Jerusalem Temple. We continue to praise God with these beautiful lyrics. The Psalter is also available in the Book of Common Prayer in a beautiful translation on pages 585 to 808.
- (10) The Second Lesson or Epistle: A portion of scripture from one of the New Testament Letters or Books that come after the Gospels. Many readings are from St. Paul's letters to the earliest churches meant to help them learn the Good News of Jesus and how to live a with-God life.
- (11) Gospel Proclamation: Gospel is the Greek word for the "Good News." We stand to hear the Gospel as a sign of respect. We turn toward the Gospel Book because only through the Gospel do we know Jesus: his character, his teachings, and his saving story. The Gospel Book is handled with special reverence and surrounded with candlelight to honor the life-giving, liberating Word of God. We process the Gospel to illustrate how the Gospel moved from East to West, from Jerusalem, then to Rome, and then the rest of the world. Many Episcopalians make the sign of the cross on

their forehead, lips, and heart before hearing the Gospel to welcome the Word into our minds, speech, and hearts.

(12) Sermon: Clergy who are educated, set apart, and empowered by the Holy Spirit for this role offer a sermon to help the congregation go deeper into the Good News and apply it to our lives. On occasion lay preachers also offer reflections.

(13) The Nicene Creed: Creed comes from the word Credo which means “heart.” The Creed tells the story of God and reveals the character of the one God in three persons: Father, Son, and Holy Spirit. We trust this God with our hearts and souls because of how God has blessed us with the revelation of God’s undying love. Western and Eastern churches agree that the Nicene Creed contains the basic teachings of the Christian faith.

(14) Prayers of the People: Having received the Good News through the Word of God, we now open our hearts to God in prayer as a community. We bring to God our hopes, hurts, concerns, sorrows, laments, joys and thanksgivings using written and spontaneous prayers. The prayers of all people are welcome at this time.

(15) The Passing of the Peace: The congregation greets each other with words of peace to represent our mission of reconciliation in all parts of our life. Jesus taught us to make peace with our neighbors before approaching the altar. Jesus taught us, “Blessed are the peacemakers.” At the Peace we are practicing a commitment and skill commended to us by God who is the ultimate peacemaker.

(16) The Offertory: We give our monetary gifts in tribute to God’s generosity to us. Our gifts are tokens representing the fact that all we have comes from God alone. We bring the offering plates to the altar to celebrate the source of our providence.

(17) Eucharistic Prayer: Eucharist is the Greek word that means “thanksgiving.” In the words and actions that follow, we give thanks to God for God’s saving work in history that culminates in the birth, life, ministry, death and resurrection of Jesus Christ. We do what Jesus taught us to do-- which is to remember him in the breaking of the bread and sharing of the wine. In the Episcopal Church, we know that Jesus is actively present in the bread and wine shared by the community. In the bread and wine we remember that God held nothing back in his desire to love us into freedom.

(18) The Lord’s Prayer: Jesus taught us to pray this prayer. We pray it in this location in our worship because the prayer points to its fulfillment in Jesus. Each line of the prayer is fulfilled only by him and with his help.

(19) The Breaking of the Bread: The priest breaks the bread to remind us that Jesus was crucified, his body broken for us. Jesus taught us to remember his sacrifice of love for us so we would know how much God loves us.

(20) Holy Communion: All are welcome to receive Jesus’s gift of undying love in the bread and the wine of Communion including children. Holy Communion is a Sacrament and we know that God communicates God’s love and grace through it no matter our level of understanding. We trust God’s promise to be present and to be the bread of life for us.

(21) The Dismissal: The priest, our deacon, ends the worship service with words that invite us to go into the world serving and ministering in the name of Jesus, empowered by the Holy Spirit. We set apart a holy time for worship that recharges us for living the with-God life every day.

(22) Postlude: If you would like to enjoy the postlude, please move to the front of the church; at the back of the church, we will be greeting each other.

Serving on Sunday March 1st:

Lectors – Ann H., Richard W. and Chris M.

Acolytes – TBA

Chalice Bearers – Grant P. and Scott B.

Ushers – Ken H. and John H.

Counters – Marsha C. and Rex B.

Streaming – Jim B.

Serving on Sunday March 8th:

Lectors – Katharine F., Zach W. and Evan T.

Acolytes – TBA

Chalice Bearers – David C. and Pat S.

Ushers – Roger G. and Katharine F.

Counters – Roger G. and Jim B.

Streaming – Barbara C.

This Week at St. John's

The Elevator

We are so excited to report that the elevator has been repaired and blessed. Thank you to everyone for your patience and understanding during these past months.

Morrissey Scholarship

Thanks to a very generous gift made by the Estate of Effie Morrissey, St. John's is excited to be offering \$1,000 scholarships for use towards tuition and fees for continuing education beyond high school. We welcome anyone to apply. The application deadline is Wednesday, April 1st. Applications can be found at the back of the church, on our website, at the back of this bulletin or with the link in this week's e-newsletter.

Lenten Liturgy Update

During Lent, we will use Rite 1 for 6 Sundays. My approach is to make use of all of the liturgies authorized by the Episcopal Church in the BCP and Enriching Our Worship (EOW). Rite 1 contains some absolutely transcendent poetic language that needs to be sustained in the prayer life of our tradition. Rite 1 is also more penitential which is appropriate for Lent. Now, some folks have valid reasons to dislike Rite 1 and I respect that. Some of the language in the prayer can be heavy handed when it comes to our sinfulness. Please be careful to balance the fact that God created you

(referencing Genesis) "good and very good," and that God loves us so much that God gave all for us in love.

On the first Sunday of Lent we offered the Great Litany in Procession to begin the service. The Great Litany was the first liturgical text translated into English by Thomas Cranmer during the Reformation in England. On all other Lenten Sundays we will begin with the Penitential Rite. **There will be no announcements delivered during liturgies in Lent to preserve the solemn nature of the season.**

Holy Week will feature two new additions: 1. My wife Alison will recite the Gospel of Mark from memory on the afternoon of Palm Sunday followed by discussion. On Good Friday, the Dirigo Quartet will present Haydn's 7 Last Words of Christ with 7 reflections on the last words by members of the congregation! On Easter, I will offer an 8 am and 10 am service. 8 am will have one hymn at the end of the service. -Jarrett

Reading with the Rector

Book recommendations from the Rector for your Lenten reading:

Practice Resurrection: A Conversation on Growing up in Christ by Eugene Peterson

The Vision of Ephesians by N.T. Wright

Jesus and the Disinherited by Howard Thurman

Being Disciples: Essentials of the Christian Life by Rowan Williams

An Ocean of Light: Contemplation, Transformation, and Liberation by Martin Laird

Alpha

If you are interested in Alpha, please see the Rector. We may have spaces remaining. If not, we will offer Alpha again.

Bible Discovery Group for Intermediate Aged Children During Lent

During Lent, Mary-Frances will lead a weekly Bible Discovery meeting for children ages 8 to 12 after church in the Rector's office. Using a new set of "GO Bibles" published by Tyndale, Mary-Frances will lead a fun and interactive exploration of the Gospel of Mark. Biblical Fluency is a focus of our catechesis for children and this offering will help children feel comfortable opening the Bible, finding books, chapters and verses, reading the Bible while giving them the freedom to ask every question and interpret scripture using their imagination, heart and intellect.

Great Wednesday

Come to one, two or all three parts!

5:30pm - Holy Eucharist in the Church

6:00pm - Dinner in the Undercroft, Suggested donation \$5.00.

7:00pm - Bible Study Class in the Bethlehem Chapel on Paul's Letter to the Ephesians, (also available on Zoom)

Those attending from home should have their Bible handy. Those attending in person will have Bibles provided.

Singing Our Solidarity

Join in on Saturday, March 7th, at 3:00 pm, as we sing together and support our neighbors and communities impacted by ICE raids and detention in Maine. The concert features Women With Wings, Judd Esty-Kendall and more. This concert is hosted by St. John's Episcopal Church and all donations will go to the Maine Solidarity Fund.

Christian Theology Class

Our next class will be held on Tuesday, March 10th, on Zoom at 6:30pm, covering Chapter Eighteen "Last Things" from the book Christian Theology: An Introduction. Please review the following video prior to the class –<https://www.youtube.com/watch?v=JpVUHw0TXUo&t=35s> . If you have any questions or would like more information about joining the class, please contact Pat S. at formation@stjohnsbangor.org.

Family Pizza and Fellowship Night

Family Pizza and Fellowship Night on Saturday, March 14th, at 4:30 pm. Mary-Frances is preparing an inspiring and interactive Stations of the Cross (5 total) for families to discover together. The children will also get to eat pizza and popcorn while watching Encanto in the Bethlehem Chapel.

The Gospel of Mark told by Alison Boden

Join us on Palm Sunday, March 29th, at 3:00 pm for The Gospel of Mark told by Alison Boden: A Memorized reciting of the whole Gospel with a discussion to follow.

St. John's Mugs

St. John's Mugs are for Sale: You can purchase our official St. John's Bangor logo mugs during Coffee Hour after church. Mugs are \$15 each with the option of spending more to sponsor a mug for someone who cannot afford that price. The minimum price for "Sponsoring" a mug is \$10. If paying by check, please make the check out to "St. John's Episcopal Church" and write "Mug" on the memo line. St. John's Bangor mugs are beautifully decorated with our Trinity fish logo and suitable gifts for birthdays, weddings, anniversaries, and graduations. Many thanks to Bruce Mallonee for leading this effort! We are selling mugs to offset the cost of the mugs we purchased for Coffee Hour use. We will save money on paper cups and create less rubbish. Be sure to volunteer to wash mugs in the kitchen on Sundays!

Announcements and Prayer Requests

Please be sure to submit all announcements and prayer requests to the office by noon on Thursday for them to be included in the weekly announcements and bulletins. Please submit photos / posters as a JPEG. Thank you!

Phishing scam alert

If you receive an email or text from "Rev. Jarrett Kerbel" asking you for a favor and could you please email him back, please don't! Rev. Kerbel will never ask you to purchase gift cards for him and will not email or text you with a vague request of

needing a favor. If you aren't sure about a request that you received from St. John's, please call or email the office at 947-0156 or office@stjohnsbangor.org.

What's Happening This Week

- **Sunday, March 1st, 10:00am:** Worship, in-person and online followed by coffee hour in the Undercroft. Nursery and Sunday School are available during the service.
- **Sunday, March 1st, 11:30am:** Bible Discovery Group
- **Sunday, March 1st, 12:30pm:** Alpha
- **Sunday, March 1st, 7:00pm:** AA meeting in the Undercroft
- **Wednesday, March 4th, 5:30pm:** Great Wednesday - 5:30pm Eucharist, 6:00 pm dinner and 7:00 pm class. Come for 1, two or all three parts!
- **Thursday, February March 5th, 5:30pm:** Choir rehearsal
- **Saturday, March 7th, 3:00pm:** Peace and Justice Concert - Singing our Solidarity
- **Sunday, March 8th, 2:00am:** Daylight Saving Times Starts. Turn your clocks ahead one hour.
- **Sunday, March 8th, 10:00am:** Worship, in-person and online followed by coffee hour in the Undercroft. Nursery and Sunday School are available during the service.
- **Sunday, March 8th, 11:30am:** Bible Discovery Group
- **Sunday, March 8th, 12:30pm:** Alpha
- **Sunday, March 8th, 7:00pm:** AA meeting in the Undercroft

For more information about these and future events, as well as ways to get involved, check out stjohnsbangor.org.

Opportunities to pray together:

Sunday Eucharist, 10:00am in person and on YouTube

Great Wednesday, 5:30pm Eucharist in the Church, in person

Morning Prayer, Mon-Fri, 9:00 am on Zoom and Facebook, Tuesday - Friday in person in the Chapel

Evening Prayer, Mon-Fri, 5:15pm on Zoom

Nursery Care and Children's Chapel

Children should arrive between 9:45 and 10:00 am in the Undercroft on Sunday mornings for Nursery care, ages 0-3, and for Children's Chapel, ages 4-10. In Children's Chapel, we celebrate the boundless curiosity and wonder of our young ones as we delve into the stories and lessons of the Bible. We aim to cultivate a nurturing and engaging environment that teaches our youngest members the stories of their faith and promotes spiritual growth and a strong sense of community. For inquiries or to register, please contact Mary-Frances Beesorchard at children@stjohnsbangor.org.

Join us for Worship

Holy Week 2026

Palm Sunday, March 29th, 10:00am

The Liturgy of the Palms and Passion Reading

Palm Sunday, March 29th, 3:00pm

The Gospel of Mark, told by Alison Boden. A Memorized reciting of the whole Gospel with a discussion following.

Maundy Thursday, April 2nd, 7:00pm

Liturgy of the Day with Foot and Hand Washing
Stripping of the Altar

Vigil at the Altar of repose, April 2nd, 8:00pm-11:00am

Vigil Watch in the garden in the Bethlehem Chapel.
Pray with Jesus in Gethsemane.

Good Friday, April 3rd, 12:00pm & 7:00pm

12:00pm - Solemn Collects, Veneration of the Cross, Communion
from Reserved Sacrament

7:00pm - Joseph Haydn's *Seven Last Words of Christ*, performed by
The Dirigo Quartet with brief homolog.

Easter Day, April 5th, 8:00 & 10:00am

10:00am service with choir and followed by Egg Hunt and visit
from the Easter Bunny

St. John's Episcopal Church
225 French Street, Bangor, Maine 04401
207.947.0156 • www.StJohnsBangor.org



Easter Flower and Music Memorials



Given by: _____

In Thanksgiving for / In memory of / In honor of (circle one)

Alleluia! Christ is Risen! Praise God and give thanks for the Resurrection of Jesus by making a donation to enhance our Holy Week and Easter Celebrations with beautiful flowers and guest musicians. You may give in memory of a beloved person who has died or in thanksgiving for a spouse, a child, a friend, etc. There is no minimum or set amount; whatever you offer will be received with much gratitude. Whether you choose to make a donation or not, please send your beloveds' name(s) to the Church Office by March 28th for inclusion in the Easter Bulletin. On Good Friday at 7 pm the Dirigo Quartet will offer Haydn's Seven Last Words to the Glory of God.

Morrissey Scholarship Fund St. John's Episcopal Church

St. John's Episcopal Church awards \$1,000 scholarships from the Estate of Effie Morrissey for continuing education beyond High School.

We welcome anyone to apply. The application must be received by the church by Wednesday April 1, 2026.

TO APPLY, Please complete the following and deliver it either:

By regular mail to: St. John's Episcopal Church Scholarship Application 225 French St. Bangor ME 04401	By hand to: St. John's Episcopal Church Attention Scholarship Committee
--	---

Name	
Name of High School and Graduation Date	
What Continuing Education are you pursuing?	
Where are you pursuing your Continuing Education?	
Your Full Mailing Address	
Telephone Number and email address	
Your Parish Name and address or other religious institution affiliation, if any	
Any other information you wish considered. If more space is needed, check below and attach one page maximum. Attachment yes/no	
Signature and Date Signed	

If you have any questions, please feel free to email scholarship@stjohnsbangor.org. Thank you for applying for this scholarship.

The Ministers: *All the members of this church because
we believe in the “priesthood of all believers”
(1 Peter 2:5).*

Vestry and Officers

Christopher Morin, Sr. Warden, chrismorin@stjohnsbangor.org

Jeff Perry, Junior Warden, 944-6413

Delores Landry, Treasurer, deloreslandry175@gmail.com

Vestry Members

2027

Scott Burgess

scottastronut@aol.com

Jacqueline Camm

jcamm@stjohnsbangor.org

2028

Charlene Boggins

charleneboggins88@gmail.com

(207) 249-5458

Leon Souweine

leesouweine@stjohnsbangor.org

Mary Wright

wrightme@roadrunner.com

2029

David Conaway

Robert Ford

fordrs58@yahoo.com

Kelsi Hobbs

kelsi.hobbs@stjohnsbangor.org

603-498-2485

Benjamin Okafor

ben.okafor@stjohnsbangor.org

The Rt. Rev. Thomas J. Brown, *Bishop of Maine*

The Rev. Jarrett Kerbel, *Rector*

Mr. Colin Graebert, *Choir Director*

Mr. Joshua Singer, *Organist*

Ms. Vanessa Young, *Office Manager*

Ms. Mary-Frances Beesorchar, *Director of Christian Education*

Ms. Tricia Drake, *Sexton*

Mr. Dakota Miller, *Bookkeeper*

Ms. Susanna Pathak, *Parish Librarian*

Ms. Patricia Sprague, *Director of Adult Formation*

Ms. Lorna Whedon, *Office Assistant*

St. John’s Episcopal Church

www.stjohnsbangor.org

Email – office@stjohnsbangor.org